

## FREE IN DEPTH SUPPORT & TRAINING WORKSHOPS FOR PARENTS

**Six week behaviour course for parents and carers of children with Down syndrome (support staff welcome please ask)**

Friday 24th & 31st January, 7th, 14th & 28th February and 6th March 2020, 10:00am to 12:00pm

PLACES LIMITED TO 7 FAMILIES

The course will cover an overview of the learning profile of a child with Down syndrome looking at how difficult behaviours may develop. Parents will then be encouraged to focus on a specific behaviour they wish to modify and we will discuss methods and ideas to modify the behaviour. Support staff working with the child are welcome to come along and be involved in the session in a bid to provide a consistent approach.

Each week opportunities will be offered to discuss progress and learn from each other. Please note that this course is primarily for parents.

Creche available 10am – 12pm, £10, per child, per session.

- *It has changed my ability to look and evaluate a situation.*
- *I now feel more confident in how to progress and manage any difficult behaviour I've experienced*
- *The behaviour of my child has improved and our relationship as parent/child has become closer*
- *My view and observance of situations and confidence in tackling behaviour/situations will be a long term change.*

## **THE DOWN SYNDROME TRAINING & SUPPORT SERVICE LTD PROVIDES**

- Early Development Groups for children aged 6 months to 5 years
- A monthly Saturday session for families
- Training for schools
- Assemblies
- Specialised speech & language sessions
- Conferences
- Weekly dance sessions
- A weekly youth club
- A monthly newsletter
- A library of specific books and resources

AUTUMN/WINTER 2019

## TRAINING



**At The Pamela Sunter Centre, Bradford.  
Courses delivered by Dr Wendy Uttley  
and Izzi Ashman  
in the specific learning needs of  
children and young people with  
Down syndrome**

*'Excellent course with great ideas to put into practise.'*

*'a wealth of motivating information and ideas for resources. Will direct other practitioners to this training.'*

*'Brilliant training, leaving with excitement and enthusiasm to start new intervention.'*

*'I have learnt a lot of strategies that will not only benefit my individual child but all the children in my class.'*



*Over the last academic year we have trained 725 professionals, 125 parents and delivered assemblies to 1320 pupils.  
\*\**

*100% of participants feel that they can improve their practise because of our training and the majority feel they understand Down syndrome and inclusion more.*

**INSET TRAINING  
ALSO AVAILABLE  
PLEASE CONTACT  
THE OFFICE**



**Down Syndrome  
Training & Support  
Service Ltd**

The Pamela Sunter Centre  
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www.downsyndromebradford.com

Registered Charity No. 1130994  
Company Number 6915555

## Including children with Down syndrome - an introduction

Tuesday 24th September 2019, 9.30 to 2:30pm - FREE

This session will introduce Down syndrome to people who have little experience of working with children and young people who have Down syndrome. It will cover society's view of Down syndrome, health implications, inclusion, the specific learning profile of people with Down syndrome and strengths and weaknesses in the classroom; outlining ways to ensure your teaching meets their learning needs. Promoting positive behaviour and managing behaviours will also be discussed. Vital training for all involved in the education, inclusion and development of a person with Down syndrome.

**COST: FREE.** A donation towards the cost of the day will be greatly appreciated.

- Fabulous course - given me some real insight. Will definitely amend/tweak practice
- Thank you a very interesting morning. I feel that I have learned so much and want to find out more! Great presentation.



## Signing and children with Down syndrome

Session 1 - Wednesday 2nd October 2019

Session 2 - Wednesday 9th October 2019

Time 9.30 until 11.30am both days

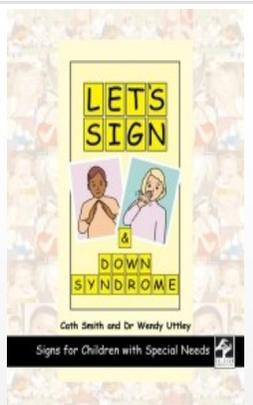
Session 1 will cover why we use signing with children with Down syndrome and the signs for manners, animals, food, family and other people, and the alphabet.

Session 2 will cover signs for the home, school day, colours, descriptions, time/days, questions and connective/link words. Followed by a discussion on how behaviour can be addressed through introducing signing.

Both sessions will include practice of useful phrases and familiar children's songs. A book "Signing and Down syndrome", covering the signs in this course, £7.

**COST:** £80 per professional (£20 for second person from same school) /£20 per family member. If cost is prohibitive you are welcome to attend but please consider organising a fundraising event for us, thank you

- A very useful course. Was good to be able to practice the signs straight away.
- Impressed with how much I have learnt over the two sessions.
- Really interactive and enjoyable.



## Teaching number skills beyond 10, time & money

Tuesday 14th January 2020, 9.30 to 3.00pm

In the morning we will look in detail at tackling number skills beyond 10:

- ◆ Rote counting in 10s, 5s, 2s, teens and counting through decades up to 100
- ◆ Recognising 2 and 3 digit numbers, place value and order
- ◆ Counting to find how many - beyond 10
- ◆ Adding up and taking away - methods to succeed
- ◆ Fractions, multiplication, division and using calculators

After lunch we will tackle time and money

**Time:** This workshop will equip participants with a structured programme of activities and resources, developed and written by Wendy Uttley, to help them teach the passage of time and then how, step by step, to teach a child how to tell the time.

**Money:** We will detail a programme written by Wendy Uttley which consists of 120 finely graded activities to help teach a person with Down syndrome or other learning disability to understand and use money. From the early stages of learning the names for the coins to working with pounds and pence this programme is suitable to use with a child from approximately 5 years of age.

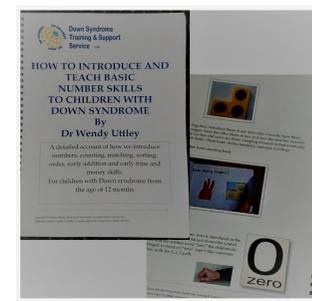
**COST:** £80 per professional (£20 for a second person from the same organisation) /£20 per family member. If cost is prohibitive you are welcome to attend but please consider organising a fundraising event for us, thank you. Refreshments provided but please bring own lunch. Memory stick available for £20.00



## OUR NEW PUBLICATION 'TEACHING BASIC NUMBER SKILLS TO CHILDREN WITH DOWN SYNDROME' by Dr Wendy Uttley

The book brings together the number interventions developed by Wendy Uttley and used in our early development groups throughout our five year programme. It is a detailed account of how we introduce numbers, counting, matching, sorting, early addition and early time and money skills from the age of 12 months to 6 years and above.

**COST** £10 plus postage. Please visit our website to purchase <http://www.downsyndromebradford.com/resources-books-to-buy/>



## EARLY READING BOOKS LINKED TO RLI PROGRAMME

Two sets of 10 books are available to buy in print or download. The books have large clear print and images on a clear white background. Each page has a repetitive sentence as the vocabulary builds and is revisited throughout the set. The first set of 10 books is written at level 1 of the Hatcher Grading scheme and the second set at level 2.

Cost: hard copy, £20 plus postage for each set of 10 books.

Electronic copy, £10 for each set.



The books are simply excellent - perfect for my child in school.

## School assemblies, (1/2 hour)

Introduction to Down syndrome for primary schools.

Introduction to Down syndrome for secondary schools.

Both sessions cover what Down syndrome is and what it means to have Down syndrome with time for questions and answers. Please ring the office to book. Payment by voluntary donation to the charity.

## FOR BOOKINGS AND PURCHASES

Please contact the office or visit our website  
[www.downsyndromebradford.com](http://www.downsyndromebradford.com)

## Teaching basic number skills to children with Down syndrome and other learning difficulties using the Numicon approach

Tuesday 15th October 2019, 9.30 to 12.30pm

Basic number skills are vital to enable everyday social inclusion and independence. The training will commence with an overview of the learning profile of a child with Down syndrome; exploring working memory and how this impacts on learning numbers. It will detail how children learn basic number skills - recognising numbers, saying number names, counting to find 'how many?' and early hands on addition. It will explore the challenges faced by children who have Down syndrome and other learning disabilities and demonstrate how the use of Numicon as a visual representation of number can help to overcome these difficulties and lead to increased understanding and confidence.

**COST:** £60 per professional (£15 for second person from same school)/£15 per family member. If cost is prohibitive you are welcome to attend but please consider organising a fundraising event for us, thank you  
 Memory stick of resources available £10.00

- It is going to be invaluable for me and my setting to support our children and develop them to their maximum potential.
- Very thought provoking - good examples shown to understand the difficulty maths presents to children.
- Despite not having used Numicon before I found it easy to follow and flexible. It was very helpful.

Resources created using images of Numicon shapes.



## Let's make it visual — using visual resources to develop the language, communication and literacy skills of children with Down syndrome

Tuesday 5th November 2019, 9.30 to 12.30pm

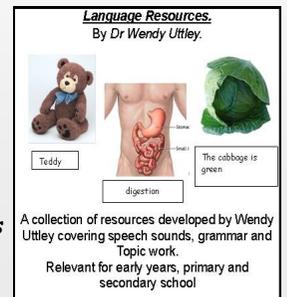
The morning will cover why the written word is used as a visual tool to develop language skills. Methods to develop clarity of speech, grammar, vocabulary, and lengthen sentence utterance will be discussed and illustrated.

It will also detail visual timetables, conversation diaries and ideas to develop reading, writing and spelling skills.

**COST:** £60 per professional (£15 for second person from same school)/£15 per family member. If cost is prohibitive you are welcome to attend but please consider organising a fundraising event for us, thank you

Memory stick of resources available £10.00

- Very useful to be given lots of ideas on a range of resources
- I liked the real examples of school work and the video clips



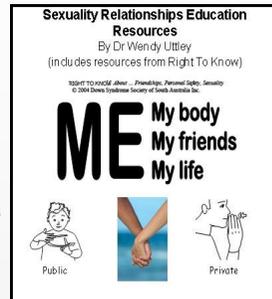
## ME, my body, my friends, my life

### How to teach children & young people with Down syndrome about their bodies, keeping safe, privacy, social boundaries and self help skills.

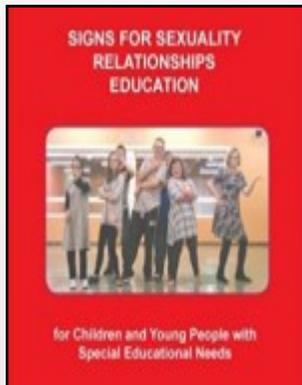
This course is over 2 days Friday 15th & 22nd November 2019, 9.30am to 4pm

The course will cover:

- How important such training is for young people with learning disabilities. Names for body parts. Privacy.
- Puberty for girls, puberty for boys,
- Feelings, personal hygiene, self help skills.
- Touching, hugging, affection, friendships.
- Safety in the community. Assertiveness. Abuse prevention strategies. How do we become our own protector?



The signs for this topic are also covered and available in a book —SRE and Down syndrome cost £6.00. A Memory stick of resources & activities is available to buy at a cost of £10.00.



**COST:** Subsidised fees £60 per professional (£30 for a second professional from the same organisation)/ FREE for parents. This includes a folder of handouts .

Refreshments provided but please bring own lunch. If cost is prohibitive you are welcome to attend but please consider organising a fundraising event for us, thank you

- *Very good for all people working with young people with learning difficulties*
- *I'm now much more confident to tackle the subject.*
- *Enjoyed meeting other people and being able to talk openly*

- *It's given me the confidence to talk about the changes my child will go through and most of all helped me to prepare and be aware of what is to come.*
- *Understand now the importance of starting this work in primary schools and practical ways of doing this.*

## The inclusion of children with Down syndrome - expectations of behaviour

Tuesday 26th November 2019, 9.30 to 2.30pm

By considering the learning profile of a child with Down syndrome and looking at areas of need this course will aim to address areas where difficult behaviours may develop. It will look at expectations, appropriate behaviour, including self help skills and go on to outline positive strategies to focus on wanted behaviour. **COST:** £80 per professional (£20 for a second person from the same organisation)/£20 per family member. Refreshments provided but please bring your own lunch. If cost is prohibitive you are welcome to attend but please consider organising a fundraising event for us, thank you

- *Useful for all children not just those with Down syndrome.*
- *Really pleased with this service, feel much more confident.*

## Reading, Language Intervention for children with Down syndrome

Tuesday 3rd and 10th December 2019. This training course is over 2 half days, 9.30am to 12.30pm.

The RLI programme detailed in a teacher's handbook and DVD developed and produced by Down Syndrome Education International, provides a systematic structured approach via daily activities that can be finely adapted to each child. The training days will cover the theory behind the programme, how to assess a child to find a starting point, how to monitor and record progress and how to deliver the daily intervention with examples from, and reference to, the teacher's handbook and DVD.

The RLI programme comprises of two strands of intervention; a reading strand and a language strand. The aim of the RLI programme is to:

- Improve spoken language and literacy skills of children with Down syndrome.
- Improve teaching practice and support educators.

We have for a long time known reading is a strength for children with Down syndrome but not all educators are aware of this or how to ensure the children reach their full reading potential.

**COST:** £120 per professional (£40 for second person from same school)/£30 per parent for both days inclusive. If cost is prohibitive you are welcome to attend but please consider organising a fundraising event for us, thank you

- *Excellent. I have already put some things into practice and can see it will make a huge difference to lots of our students*