

SPRING/SUMMER 2019

TRAINING



At The Pamela Sunter Centre, Bradford.
Courses delivered by Dr Wendy Uttley
and Izzi Ashman
in the specific learning needs of
children and young people with
Down syndrome

'Excellent course with great ideas to put into practise.'

'a wealth of motivating information and ideas for resources. Will direct other practitioners to this training.'

'Brilliant training, leaving with excitement and enthusiasm to start new intervention.'

'I have learnt a lot of strategies that will not only benefit my individual child but all the children in my class.'



Over the last academic year we have trained 725 professionals, 125 parents and delivered assemblies to 1320 pupils.
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100% of participants feel that they can improve their practise because of our training and the majority feel they understand Down syndrome and inclusion more.

FOR BOOKINGS AND PURCHASES

Please contact the office or visit our website
www.downsyndromebradford.com

INSET TRAINING
ALSO AVAILABLE
PLEASE CONTACT
THE OFFICE



Down Syndrome
Training & Support
Service Ltd

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www.downsyndromebradford.com

Registered Charity No. 1130994
Company Number 6915555

An introduction to Down syndrome

Monday 14th January 2019, 9.30 to 2:30pm - FREE

This session will introduce Down syndrome to people who have little experience of working with children and young people who have Down syndrome. It will cover society's view of Down syndrome, health implications, inclusion, the specific learning profile of people with Down syndrome and strengths and weaknesses in the classroom; outlining ways to ensure your teaching meets their learning needs. Promoting positive behaviour and managing behaviours will also be discussed. Vital training for all involved in the education, inclusion and development of a person with Down syndrome.
COST: FREE. A donation towards the cost of the day will be greatly appreciated.

- Fabulous course - given me some real insight. Will definitely amend/tweak practice
- Thank you a very interesting morning. I feel that I have learned so much and want to find out more! Great presentation.
- Very interesting and educational. Also thought provoking. Really enjoyed this course.



Signing for children with Down syndrome

Session 1 - Tuesday 29th January 2019

Session 2 - Tuesday 5th February 2019

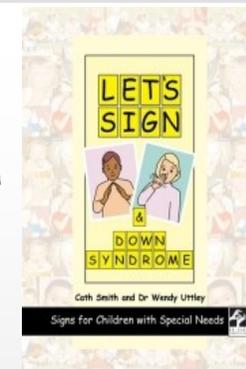
Time 9.30 until 11.30am both days

Session 1 will cover why we use signing with children with Down syndrome and the signs for manners, animals, food, family and other people, and the alphabet.

Session 2 will cover signs for the home, school day, colours, descriptions, time/days, questions and connective/link words. Followed by a discussion on how behaviour can be addressed through introducing signing.

Both sessions will include practice of useful phrases and familiar children's songs. A book "Signing and Down syndrome", covering the signs in this course, £7.
COST: £80 per professional (£20 for second person from same school) /£20 per family member. If cost is prohibitive you are welcome to attend but please consider organising a fundraising event for us, thank you

- A very useful course. Was good to be able to practice the signs straight away.
- Impressed with how much I have learnt over the two sessions.
- Really interactive and enjoyable.



Keeping children and young people safe online

Friday 8th February 2019, 7pm to 9pm
Do you know what your child is doing online? Would you like to learn all about it?

Wendy Uttley has put together a course based on the CEOP training - Child Exploitation and Online Abuse, aimed at helping parents understand and learn about issues relating to social media and other online sites, the risks involved and how to support a young person with a learning disability so that they are less vulnerable. The session is FREE but places need to be booked.



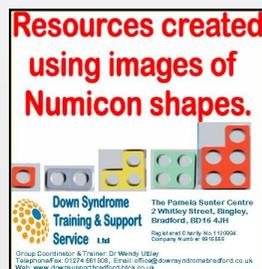
Teaching basic number skills to children with Down syndrome and other learning difficulties using the Numicon approach

Monday 11th February 2019, 9.30 to 12.30pm

Basic number skills are vital to enable everyday social inclusion and independence. The training will commence with an overview of the learning profile of a child with Down syndrome; exploring working memory and how this impacts on learning numbers. It will detail how children learn basic number skills - recognising numbers, saying number names, counting to find 'how many?' and early hands on addition. It will explore the challenges faced by children who have Down syndrome and other learning disabilities and demonstrate how the use of Numicon as a visual representation of number can help to overcome these difficulties and lead to increased understanding and confidence.

COST: £60 per professional (£15 for second person from same school)/£15 per family member. If cost is prohibitive you are welcome to attend but please consider organising a fundraising event for us, thank you
Memory stick of resources available £10.00

- It is going to be invaluable for me and my setting to support our children and develop them to their maximum potential.
- Very thought provoking - good examples shown to understand the difficulty maths presents to children.
- Despite not having used Numicon before I found it easy to follow and flexible. It was very helpful.



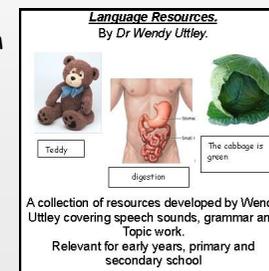
Let's make it visual — using visual resources to develop the language, communication and literacy skills of children with Down syndrome

Monday 25th February 2019, 9.30 to 12.30pm

The morning will cover why the written word is used as a visual tool to develop language skills. Methods to develop clarity of speech, grammar, vocabulary, and lengthen sentence utterance will be discussed and illustrated. It will also detail visual timetables, conversation diaries and ideas to develop reading, writing and spelling skills.

COST: £60 per professional (£15 for second person from same school)/£15 per family member. If cost is prohibitive you are welcome to attend but please consider organising a fundraising event for us, thank you
Memory stick of resources available £10.00

- Very useful to be given lots of ideas on a range of resources
- I liked the real examples of school work and the video clips



Reading, Language Intervention for children with Down syndrome

Tuesday 5th and 12th March 2019. This training course is over 2 half days, 9.30am to 12.30pm.

The RLI programme detailed in a teacher's handbook and DVD developed and produced by Down Syndrome Education International, provides a systematic structured approach via daily activities that can be finely adapted to each child. The training days will cover the theory behind the programme, how to assess a child to find a starting point, how to monitor and record progress and how to deliver the daily intervention with examples from, and reference to, the teacher's handbook and DVD.

The RLI programme comprises of two strands of intervention; a reading strand and a language strand. The aim of the RLI programme is to:

- Improve spoken language and literacy skills of children with Down syndrome.
- Improve teaching practice and support educators.

We have for a long time known reading is a strength for children with Down syndrome but not all educators are aware of this or how to ensure the children reach their full reading potential.

COST: £120 per professional (£40 for second person from same school)/£30 per parent for both days inclusive. If cost is prohibitive you are welcome to attend but please consider organising a fundraising event for us, thank you

- Excellent. I have already put some things into practice and can see it will make a huge difference to lots of our students

The inclusion of children with Down syndrome - expectations of behaviour

Monday 25th March 2019, 9.30 to 2.30pm

By considering the learning profile of a child with Down syndrome and looking at areas of need this course will aim to address areas where difficult behaviours may develop. It will look at expectations, appropriate behaviour, including self help skills and go on to outline positive strategies by focusing on wanted behaviour.

COST: £80 per professional (£20 for a second person from the same organisation)/ £20 per family member. Refreshments provided but please bring your own lunch. If cost is prohibitive you are welcome to attend but please consider organising a fundraising event for us, thank you

- Useful for all children not just those with Down syndrome.
- Really pleased with this service, feel much more confident.

EARLY READING BOOKS LINKED TO RLI PROGRAMME

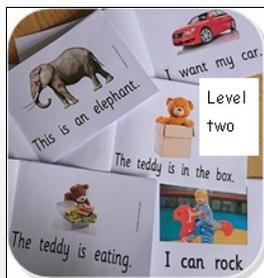
Two sets of 10 books are available to buy in print or download. The books have large clear print and images on a clear white background. Each page has a repetitive sentence as the vocabulary builds and is revisited throughout the set. The first set of 10 books is written at level 1 of the Hatcher Grading scheme and the second set at level 2.

Cost: hard copy, £20 plus postage for the set of 10 books.

Electronic copy, £10 for the set.



The books are simply excellent - perfect for my child in school.



ME, my body, my friends, my life

How to teach children & young people with Down syndrome about their bodies, keeping safe, privacy, social boundaries and self help skills.

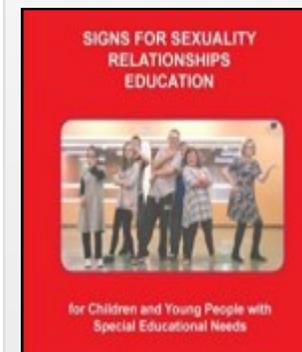
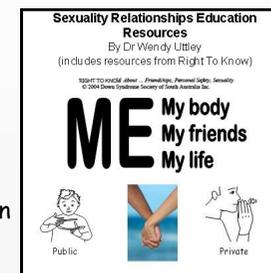
This course is over 2 days Friday 17th & 24th May 2019, 9.30am to 4pm

The course will cover:

- How important such training is for young people with learning disabilities. Names for body parts. Privacy.
- Puberty for girls, puberty for boys,
- Feelings, personal hygiene, self help skills.
- Touching, hugging, affection, friendships.
- Safety in the community. Assertiveness. Abuse prevention strategies. How do we become our own protector?

The signs for this topic are also covered and available in a book —SRE and Down syndrome cost £6.00. A

Memory stick of resources & activities is available to buy at a cost of £10.00.



COST: Subsidised fees £60 per professional (£30 for a second professional from the same organisation)/ FREE for parents. This includes a folder of handouts .

Refreshments provided but please bring own lunch. If cost is prohibitive you are welcome to attend but please consider organising a fundraising event for us, thank you

- Very good for all people working with young people with learning difficulties
- I'm now much more confident to tackle the subject.
- Enjoyed meeting other people and being able to talk openly about issues and facts of life
- It's given me the confidence to talk about the changes my child will go through and most of all helped me to prepare and be aware of what is to come.
- Understand now the importance of starting this work in primary schools and practical ways of doing this.

School assemblies, (1/2 hour)

Introduction to Down syndrome for primary schools.

Introduction to Down syndrome for secondary schools.

Both sessions cover what Down syndrome is and what it means to have Down syndrome with time for questions and answers. Please ring the Office to book. Payment by voluntary donation to the charity.

Teaching number skills beyond 10, time & money

Tuesday 21st May 2019 , 9.30 to 3.00pm

In the morning we will look in detail at tackling number skills beyond 10:

- ◆ Rote counting in 10s, 5s, 2s, teens and counting through decades up to 100
- ◆ Recognising 2 and 3 digit numbers, place value and order
- ◆ Counting to find how many - beyond 10
- ◆ Adding up and taking away - methods to succeed
- ◆ Fractions, multiplication, division and using calculators

After lunch we will tackle time and money

Time: This workshop will equip participants with a structured programme of activities and resources, developed and written by Wendy Uttley, to help them teach the passage of time and then how, step by step, to teach a child how to tell the time.

Money: We will detail a programme written by Wendy Uttley which consists of 120 finely graded activities to help teach a person with Down syndrome or other learning disability to understand and use money. From the early stages of learning the names for the coins to working with pounds and pence this programme is suitable to use with a child from approximately 5 years of age.

COST: £80 per professional (£20 for a second person from the same organisation) /£20 per family member. If cost is prohibitive you are welcome to attend but please consider organising a fundraising event for us, thank you. Refreshments provided but please bring own lunch.



FREE IN DEPTH SUPPORT & TRAINING WORKSHOPS FOR PARENTS

Six week behaviour course for parents and carers of children with Down syndrome (support staff welcome please ask)

Friday 25th January, 1st, 8th & 15th February and 1st & 8th March 2019, 10:00am to 12:00pm

PLACES LIMITED TO 7 FAMILIES

The course will cover an overview of the learning profile of a child with Down syndrome looking at how difficult behaviours may develop. Parents will then be encouraged to focus on a specific behaviour they wish to modify and we will discuss methods and ideas to modify the behaviour. Support staff working with the child are welcome to come along and be involved in the session in a bid to provide a consistent approach.

Continued.....

Each week opportunities will be offered to discuss progress and learn from each other. Please note that this course is primarily for parents.

Creche available 10am —12pm, £10, per child, per session.

- *It has changed my ability to look and evaluate a situation.*
- *I now feel more confident in how to progress and manage any difficult behaviour I've experienced*
- *The behaviour of my child has improved and our relationship as parent/child has become closer*
- *My view and observance of situations and confidence in tackling behaviour/situations will be a long term change.*

Three week 'toilet training for all ages' workshop

Friday 28th June, 5th & 12th July 2019, 10:00am to 12:00pm

Do you need help toilet training your child?

Whether it be a young child just starting or an older child who still needs to develop skills towards independent toileting you are welcome to join us. Sessions will run over three weeks and cover how the bladder develops, skills needed to use the toilet, tips on toilet training, constipation, day and night time wetting and set targets for each child. There will also be opportunities to support each other, share ideas and resources and monitor progress.

The course is 2 hours a week for 3 weeks and limited to 7 families.

Creche available at £10 per child per session.

- *Activities gave a true understanding of how difficult it is for a child with Down syndrome*
- *Benefitted from hearing other parent's experiences, some really useful tips.*
- *Lots of ideas and given me confidence as very daunted and didn't know who to ask.*

Two week sleep workshop

Friday 15th & 22nd March 2019 ,10:00am to 12:00pm

Drawing on the recent research by Michael Farquhar the workshop will start by discussing sleep and the difficulties that can be experienced with settling and sleeping through the night.

It will then offer the opportunity to share experiences and aim to set action plans to help improve settling, staying in your own bed, and sleeping through the night.

A third session will be timetabled if required.

Creche available at £10 per child per session.

The course is 2 hours a week for 2 weeks and limited to 7 families.

- *My child is now sleeping in his own bed! Getting more sleep - the whole family has benefitted*