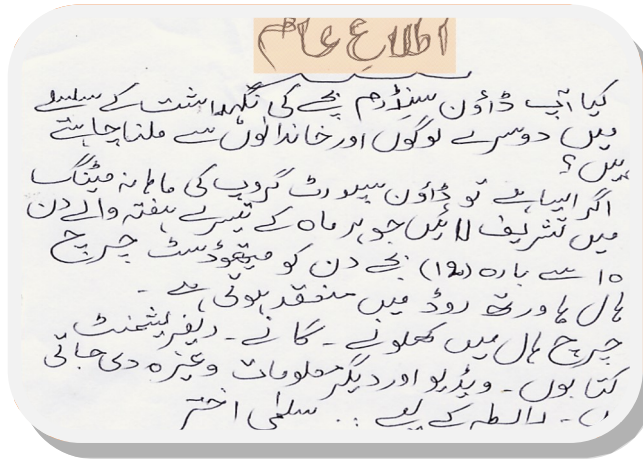


## Family Saturday Sessions 2019

- Jan 12 Sibz Zone at the centre  
 Feb 9 Valentine crafts  
 Mar 9 Reading tips + Sibz Zone  
 Apr 13 Spring flower arranging  
 May 11 Toileting tips + Sibz Zone  
 Jun 8 Meet some animals, Noah's Ark  
 Jul 13 Health tips + Sibz Zone  
 Aug 10 Summer Party. All welcome  
 Sept 14 Education tips + Sibz Zone  
 Oct 12 Planting bulbs  
 Nov 9 Making Christmas decorations +  
 Sibz Zone  
 Dec 21 Christmas Party. All welcome

Open to all family members. Please contact our Office or visit our website for dates and details

PLEASE NOTE EVENTS ARE SUBJECT TO CHANGE.



Foziah Khan is our Asian Family Coordinator

### Website

Full details of all of our services, booking forms and our newsletter are available on our website  
 Visit: [www.downsyndromebradford.com](http://www.downsyndromebradford.com)

### Public Facebook Page

<https://www.facebook.com/DownsyndromeTSS/>

### Twitter

<https://twitter.com/DownsyndromeTSS>

### Closed Facebook Group

For information on day to day activities .  
<https://www.facebook.com/groups/DSTSS/>

### STAFF

- Group Coordinator & Trainer: Dr Wendy Uttley  
 Events Coordinator: Wendy Rhodes  
 Information Coordinator: Louise Hobley  
 Bookings Coordinator: Heidi Shepherd  
 Finance & Staff Coordinator: Claire Powis  
 Early Years Practitioner: Isabel Ashman  
 Administrator: Karen Barron  
 Office Assistant: Kim Booth  
 Lead Youth Worker: Maria Thelwell  
 Pastoral Youth Worker: Jen Senior  
 Assistant Youth Worker: Sam Murray



## Down Syndrome Training & Support Service Ltd

Registered Charity No.1130994  
 A company registered in England and Wales  
 Number 6915555

## EVENTS, SERVICES AND SUPPORT FOR CHILDREN WITH DOWN SYNDROME AND THEIR FAMILIES 2019



The Pamela Sunter Centre  
 2 Whitley Street, Bingley,  
 Bradford, BD16 4JH

Group Coordinator & Trainer  
 Dr Wendy Uttley  
 Telephone: 01274 561308

Email:  
[office@downsyndromebradford.co.uk](mailto:office@downsyndromebradford.co.uk)  
 Web: [www.downsyndromebradford.com](http://www.downsyndromebradford.com)

Our charity was formed in September 2000 with the aim of providing an opportunity for families to meet informally and share their needs and experiences. Now based in Bingley, the charity provides many services and training courses aimed at supporting both families and professionals.

### **Training courses**

Courses are delivered at The Pamela Sunter Centre and can also be delivered in the child's setting. They include: an introduction to Down syndrome, training in signing, basic number skills, using the written word to develop language skills, Clicker 6/7, behaviour, teaching children how to tell the time and use money, toilet training and sexuality relationships education. We also deliver assemblies to introduce Down syndrome to schools.

A leaflet with more details is available.

### **Newsletter**

A newsletter is produced to keep you updated on events and developments. If you would like to contribute an article or go on our mailing list please contact the office.

### **Early Development Groups**

Early Development Groups run every fortnight at the Centre. Sessions are for children with Down syndrome aged 10 months to 6 years and their parent/carer. Learning support staff are welcome to attend these sessions. For dates and times please contact Wendy at the Office.



### **Library**

There is a selection of relevant books, resources, DVDs and software available for you to borrow on a monthly basis. A booklet outlining the contents of our library is available.

### **Saturday sessions**

We offer many events and activities throughout the year including a monthly Saturday session for families with children aged birth to around 11 years of age. Siblings are welcome, whatever age. These meetings are usually on the 2nd Saturday of the month 10.00 until 12.00 at Haworth Road Methodist Church Hall, BD9 6LH. During this time we provide learning activities for the children, these include singing, signing, Numicon, magic bag, parachute, instruments and snack time.

Each month we aim to provide either an informal discussion on a relevant topic, a craft session for parents or a visitor that is both exciting and beneficial for the children.

Helpers are present to play with and mind your child giving you the chance to join in any discussions. If you have problems with getting to our meetings we can provide transport.



### **Speech, Language and Oral Motor Skills Sessions**

Monthly speech and language sessions take place at our Centre and need to be booked in advance. We currently have two independent therapists running group sessions and one to one sessions.

In addition we run a half termly one to one sessions for children who have difficulty feeding and/or need to develop their oral motor skills.

### **Dance 21.**

This is our dance troupe; available to dance at your function. Weekly dance sessions take place for young people with Down syndrome aged 11+, Mondays 6.30 to 7.30 m upstairs at Go Bowling, Shipley Lanes, Shipley. Dates on the newsletter, term time only.



### **Twirly21s**

Weekly dance classes for younger children with Down syndrome aged 5 to 11 years run every



Saturday, 1.45 to 2.45pm at Footsteps Theatre School, Westfield Lane, Idle, BD10 8PY with Claire King.



### **Wish Club 11+ (Weekend is Here)**

Our youth club, for young people with Down syndrome ages 11– 13 from 6pm to 8pm and ages 13+, from 6pm to 10pm, every Friday. It is staffed by two paid youth workers plus several volunteers. The WisH Club is full of equipment - pool table, X box, large Connect 4, TV, DVD player, football table, air hockey, chill out area with bean bags and comfy couches.

