

The Walk

Date: Sunday 26th June 2022, 2pm start.

Location: Myrtle Park, Bingley

Course: One lap is 1.25km or 3/4 of a mile. We will aim to do two lap so 2.5 km or just over 1.5 miles. This should take less than one hour; obviously depending on the length of your legs! We will walk clockwise starting and finishing at the bandstand. The walk will use hard paths and short grass and not include the field at the bottom as it may be muddy.

To register: Use the QR code or this link -

<https://form.jotform.com/210464154516349>, or contact our office 01274 561308/
office@downsyndromebradford.co.uk.

Registration form



Collecting sponsors: You can collect monies via our page on the 'wonderful' site

[Wonderful.org](https://www.wonderful.org) | [Down Syndrome Training and Support Service](#)

Collect money direct



[Limited](#) donations will be automatically Gift Aided. Or you can

contact us for a good old fashioned sponsor form. You can then collect cash or you can use the QR code to the left to collect sponsor money via bank card and our sum up direct link.

Toilets: The public toilets are available in the centre—opposite the swimming baths, cost 20p. Lidl and the café in Myrtle Park also have toilets, (customers only)

Getting There:

Bus: The nearest bus stop is 200m away on Main Street, served by a number of services including the Aireline 60, Shuttle 662, 623 & 680. From Main Street head up Myrtle Place to the left of Bingley Little Theatre/Arts Centre. The park entrance is to the left of Bingley Swimming Pool.

Train: Bingley is on the Leeds/Carlisle line and the Airedale line, and it has many frequent services including to and from Leeds, Skipton, Keighley, Shipley and Bradford. From Bingley train station it is 5 minutes walk to the park. Leave the station main entrance and walk up past the Foundry Hill Bar & Bistro, cross Main Street and head up Myrtle Place to the left of Bingley Little Theatre/Arts Centre. The park entrance is to the left of Bingley Swimming Pool.

Road: Myrtle Park is in Bingley town centre and just off Main Street. From the north or south take the A650 and follow the signs into Bingley. From Main Street turn into Myrtle Place (opposite the Post Office). The park entrance is to the left of Bingley Swimming Pool.

Parking: There is limited free parking in streets locally around the park. Lidl has 90 minutes free parking. Queen Street car park is 250m from the park, postcode BD16 2JS. Parking on a Sunday is £1 for the day.

After the walk: Families are welcome to gather on the grass by the bandstand for a picnic/refreshments. There is a play area in the park and a café where you can buy an ice cream/drink.



