

**Build Confidence,
Make Friends,
Have fun through
movement!**

If you are interested in any of
these classes please contact:

01274 561308

Or email
office@downsyndromebradford.co.uk



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My child loves the sessions
when we are there, enjoying
being with her friends,
dancing and generally
socialising. She also loves
Claire! It benefits me as I can
interact with other parents
too!



From ages 13+



**Down Syndrome Training &
Support Service Ltd**

The Pamela Sunter Centre
2 Whitley Street, Bingley,
Bradford, BD16 4JH

Registered Charity Number 1130994
Company Number 6915555

Dance Classes for Children & Young Adults with Down Syndrome



**Down Syndrome
Training & Support
Service Ltd**



Our Dance Teacher

Claire King

Claire has a wealth of experience in dance and of working with young children who have Down syndrome. She has been delivering sessions with us for over 15 years.



Ages 5 - 12

This is our younger dance group for children aged 5 to around 12 years of age. As children leave our early development groups, aged around 5 to 6, parents can often feel the loss of their regular contact and the opportunity to share experiences and offer mutual support. The class meets weekly and while the children are dancing parents can regain this opportunity over a cup of tea/coffee.

Dancers are asked to pay £2 on entry to practice their money skills.



From ages 13+

Our older dance group is for young people aged around 13+. The group work on a number of routines with the aim of performing at external events to promote awareness of Down syndrome and our charity. Previous performances include, Northern Ballet Expressions, Diverse Fest Bridlington, Bingley Creates and events around World Down syndrome day.

Dancers are asked to pay £3.50 on entry to practice their money skills.

Class Times and Location:

Twirly 21

2.30pm - 3.30pm, Saturdays

Dance 21

6pm - 7pm, Thursdays

Footsteps Theatre School
Idle, BD10 8PY

