



Down Syndrome Training & Support Service

Registered Charity Number 1130994.
Company registered in England and Wales 6915555

May 2024

اطلاع عام JustGiving™

MAY FAMILY SATURDAY SESSION

at Bingley Methodist Church, Herbert Street, BD16 4JS.
Saturday 11th May, 10am to 12pm

All families, and all family members, are welcome to our Family Saturday sessions.

This month Ruth (Sam's mum) will be delivering an interactive story featuring the Three Little Pigs which we are really looking forward to.



In addition Catherine Haslam from Carers Resource will be joining us; providing an opportunity for parents to learn about the range of support they offer. If all goes to plan we will aim to allocate 20 to 30 minutes as child free time in the dining area so that parents can meet and chat...no promises though!

CARERS RESOURCE

Carers' Resource exists to support unpaid carers. They provide information, advice and support to carers, to the people they care for and to professionals who work with them.

They can help you:

- Navigate the health, social care and education systems for children with Special Educational Needs and Disabilities (SEND), including the benefits and grants you might be eligible for.
- Find out what services and support for you and your family are available locally.
- Support brothers and sisters of your SEND child through their Young Carer Service.
- Look after yourself, with emotional and practical support that they offer to all carers.
- Find peer support and relaxation through their groups, events and social media.

www.carersresource.org

SIBZ ZONE

Apologies that we had to cancel last month's Sibz Zone. This month the session will be face to face on Saturday 11th May, 10am to 12pm, at our centre in Bingley, to coincide with our Family Saturday Session above.

Our Sibz Zone is for siblings aged 6 upwards.

For more details please visit our website or contact the Office.

[Support activities](#) | [Down Syndrome Training and Support Service Ltd](#)



Sibz Zone

CIRCUS STARR - FREE TICKETS

Circus Starr have again donated 40 tickets for the 4:45pm and 7pm show on Friday 21st June at LIFE Centre, Wapping Road, Bradford BD3 0EQ. The show is indoors. Please contact the Office to reserve your tickets.



THERAPY & DOWN SYNDROME

CONFERENCE DAY

Occupational, physio and speech & language therapy
FRIDAY 17TH MAY

VENUE: Eldwick Methodist Church, Otley Road, Eldwick BD16 3EQ

COST: £20 (includes lunch and refreshments at breaks and lunchtime)

TO BOOK: Visit our website where you can book and pay online:

[Therapies and Down Syndrome | Down Syndrome T&SS \(downsyndromebradford.com\)](#)



SCHEDULE FOR DAY:

Arrive from 9am for refreshments.

9.30 to 10.30 Holly Dunne, physiotherapist will talk about the physical needs of children with Down syndrome, importance of good physiotherapy and offer general strategies to help. The session will be followed by a 15 minutes question and answer session.

10.45 break

11.00 to 12.00 Wendy Scaife, occupational therapist (OT) will talk about what OT is, the needs of children with Down syndrome and offer ideas and strategies to help. The session will be followed by a 15 minutes question and answer session.

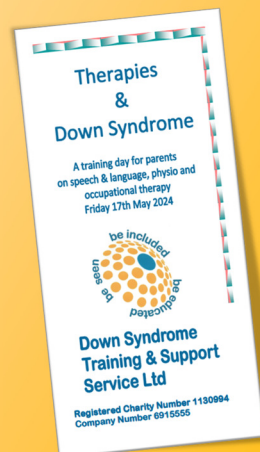
12.15 to 1.00 lunch (provided)

1.00 to 2.00 Lauren Drake, speech & language therapist will talk about what speech and language therapy is and why it is so important for individuals with Down syndrome, as well as a brief overview of adult-child interaction to support parents. The session will be followed by a 15 minutes question and answer session.

2.30 Finish

BOOK YOUR PLACE NOW.

CRECHE PLACES AVAILABLE £10 PER CHILD.

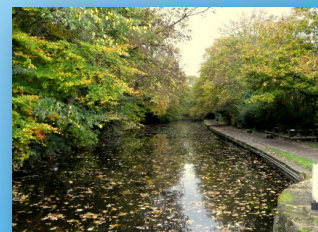


MAY SPONSORED WALK/PUSH/CYCLE

All welcome to join us for a relaxing walk in Saltaire

On Sunday 19th May we are holding a sponsored walk in Saltaire.

We will meet at Saltaire United Reform Church and start the walk from the bridge over the canal. Then we will walk along the canal to Hirst Woods and return along the river Aire to Robert's Park, where we will finish the walk with a picnic. In total the walk is 1.5 miles.



WOULD YOU LIKE TO TAKE PART?

Please contact the office for a pack.



PHYSIOTHERAPY with HOLLY DUNNE

MAY APPOINTMENTS with HOLLY

On 16th May Holly has capacity to see 2 children for a 45 minute one-to-one consultation. Attendance will be followed up with a programme of activities tailored to individual needs. Appointments cost £10 (by donation, we do not wish to exclude anyone due to cost).

Please contact the Office to book. **Funded by the National Lottery.**



OCCUPATIONAL THERAPY with WENDY SCAIFE

MAY APPOINTMENTS WITH WENDY

On 23rd May Wendy Scaife has capacity to see 4 children for a 45 minute one to one consultation. Attendance will be followed up with a programme of activities tailored to individual needs to help in developing motor skills and address sensory issues experienced by many of our children.

Appointments cost £10 (by donation, we do not wish to exclude anyone due to cost). Please contact the Office to book.

Funded by the National Lottery.



SPEECH & LANGUAGE GROUP SESSIONS with LAUREN DRAKE

MAY GROUP SESSIONS - Sunday 12th May at our centre

Funded by David Solomon Trust and Sovereign Health Care.

SPEECH & LANGUAGE GROUP SESSIONS with JESSICA FOLEY

MAY GROUP SESSIONS - Saturday 18th May at the centre

Funded by David Solomon Trust and Sovereign Health Care.



FREE ONE-TO-ONE COUNSELLING SESSIONS AVAILABLE ONLINE WITH OUR COUNSELLOR TARA FOX

Are you in need of some counselling?

We currently have three places available for one-to-one sessions with our highly experienced counsellor Tara Fox. Please email the [office](mailto:office@downsyndromebradford.com) or ring 01274 561308 for more details or to book.



NEW COUNSELLING SERVICE FOR ADULTS WITH DOWN SYNDROME:

We are now able to offer counselling for adults with Down syndrome with Gill Iley. Please contact the office for more details.

WILLS & TRUST EVENING

On Wednesday 19th April Michelle and Lois independent financial advisors from Eccles Greenwood and Sara Cooper, solicitor from AWB Charlesworth, joined us for a very informative talk about wills and trusts.

Sharing personal experiences made the evening very welcoming. Several parents have been in touch to say they were unable to attend (sorry the date clashed with Eid celebrations), so we are planning to repeat the evening in the Autumn term. Please contact the office to register your interest. Thank you.

SUMMER FESTIVAL

JOIN US TO DANCE AND RAISE FUNDS FOR THE
DOWN SYNDROME TRAINING & SUPPORT SERVICE LTD

1:00-6:30 PM

SATURDAY 13TH JULY

KEIGHLEY RUGBY UNION FOOTBALL CLUB
SKIPTON ROAD, BD20 6DT

with live music from
THE WILD GEESSE • GUISELEY JAZZ BAND • CLOWN WAGON

• BOUNCY CASTLE • FUN ALLEY •
• CHILDRENS DISCO • CRAFTS •
• STALLS • TOMBOLA • FIRE ENGINE •
• YUMMY FOOD • LICENSED BAR •
• AND MUCH MORE! •

OPENING BY
GEORGE WEBSTER

SCAN THE QR CODE TO BOOK TICKETS OR VISIT
MMH.DOWN SYNDROME BRADFORD.COM

ADULTS: £8 EARLY BIRD, £10 ON THE GATE
KIDS (5+): £4 EARLY BIRD, £5 ON THE GATE
UNDER FIVES AND PEOPLE WITH DOWN SYNDROME: FREE!

100% OF TICKET SALES GO TO THE
DOWN SYNDROME TRAINING &
SUPPORT SERVICE LTD.
CHARITY NUMBER: 1130994
COMPANY REGISTERED IN ENGLAND
& WALES 019555

REMEMBER LAST YEAR?—OUR AMAZING FUNDRAISING EVENT AT KEIGHLEY RUGBY UNION FOOTBALL CLUB - WELL WE ARE PLANNING ANOTHER AND WE WANT IT TO BE BIGGER AND BETTER THAN LAST YEAR.

TICKETS - now on sale via our website.

[Summer festival - fundraiser event | Down Syndrome T&SS \(downsyndromebradford.com\)](https://www.downsyndromebradford.com/summer-festival)

VOLUNTEERS NEEDED - could you help out on the day? If so please get in touch, thank you Wendy

AUGUST SUMMER TRIP TO LIGHTWATER VALLEY

50 places available.

Wednesday 21st August 2024, 9am to 6pm.

BOOKINGS NOW BEING TAKEN

https://form.jotform.com/wendy_uttley/

[booking-form-summer-trip](https://form.jotform.com/wendy_uttley/booking-form-summer-trip)

[Lightwater Valley Family Adventure Park | Theme Park Yorkshire](https://www.lightwatervalley.co.uk/)



TRAINING IN THE SPECIFIC LEARNING NEEDS OF PEOPLE WITH DOWN SYNDROME

INTRODUCTION TO DOWN SYNDROME

26th June. **PLACES STILL AVAILABLE**

[Introduction to Down syndrome FREE | Down Syndrome T&SS \(downsyndromebradford.com\)](#)

This session will introduce Down syndrome to people who have little experience of working with children and young people who have Down syndrome. It will cover society's view of Down syndrome, health implications, inclusion, the specific learning profile of people with Down syndrome and strengths and weaknesses in the classroom; outlining ways to ensure your teaching meets their learning needs. Promoting positive behaviour and managing behaviours will also be discussed. Vital training for all involved in the education, inclusion and development of a person with Down syndrome.

COST: FREE

Refreshments provided

- *Fabulous course – given me some real insight. Will definitely amend/tweak practice*
- *Thank you a very interesting morning. I feel that I have learned so much and want to find out more! Great presentation.*
- *Very interesting and educational. Also thought provoking. Really enjoyed this course.*

ME, my body, my friends, my life

How to teach children & young people with Down syndrome about their bodies, keeping safe, privacy, social boundaries and self help skills.

This course is over two Wednesdays: 22nd May & 5th June 2024, 9.30am to 3.30pm

The course covers:

- How important such training is for young people with learning disabilities. Names for body parts.
- Privacy. Public and private body parts, actions, places, touch and conversations.
- Puberty for girls, puberty for boys.
- Feelings, personal hygiene, self help skills.
- Touching, hugging, affection, friendships, appropriate greetings.
- Safety in the community. Assertiveness. Abuse prevention strategies. How do we become our own protector?

COST: £60 per professional / family members £30.

Refreshments provided but please bring own lunch.

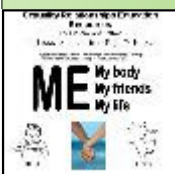
The signs for this topic are also covered and available in a book — SRE and Down syndrome cost £6. A digital download of resources & activities is

available to buy at a cost of £10.

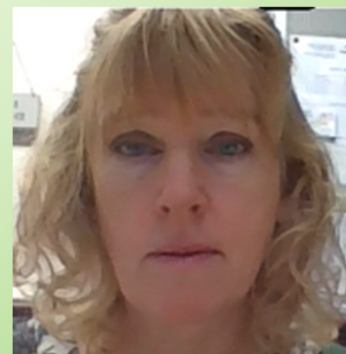
Visit: [ME, my body, my friends, my life | Down Syndrome T&SS \(downsyndromebradford.com\)](#)

- *Enjoyed meeting other people and being able to talk openly about issues and facts of life*

- *It's given me the confidence to talk about the changes my child will go through and most of all helped me to prepare and be aware of what is to come.*



NEW MONTHLY ONLINE FOLLOW UP MEETINGS with Dr Wendy Uttley



Following any training either attended at our centre, online or downloaded you will be invited to attend our new monthly online meeting. This will take place the last (term time) Friday of every month. It will be one hour long and cover a scheduled topic (30 minutes) followed by a question/answer session. Questions can be submitted beforehand. This online meeting will be free to attend but will need to be booked.

OUR NEXT ONLINE SESSION IS:

FRIDAY 24th May, 1.00 to 2.00pm

Three week 'toilet training for all ages' Workshop (online)

Friday 21st & 28th June, 5th July 2024, 10am to 12pm

Do you need help toilet training your child?

Whether it be a young child just starting or an older child who still needs to develop skills towards independent toileting you are welcome to join us.

Sessions will run over three weeks and cover how the bladder develops, skills needed to use the toilet, tips on toilet training, constipation, day and night time wetting and set targets for each child. There will also be opportunities to support each other, share ideas and resources and monitor progress.

The course is 2 hours a week for 3 weeks and limited to 7 families.

COST: £30 per 'team' around a child. Your team may include parent/grandparent/school support.

TO BOOK: Please visit the training page on our website:

[Toilet Training for all ages | Down Syndrome T&SS \(downsyndromebradford.com\)](#)

- *Activities gave a true understanding of how difficult it is for a child with Down syndrome*
- *Benefitted from hearing other parent's experiences, some really useful tips.*
- *Lots of ideas and given me confidence as very daunted and didn't know who to ask.*

Three week Sleep Workshop: expression of interest

We have not set a date for this workshop but if any family is interested please can you let us know and a date will be set.

Drawing on the research by Michael Farquhar the workshop will start by discussing sleep and the difficulties that can be experienced with settling and sleeping through the night. It will then offer the opportunity to share experiences and aim to set action plans to help improve settling, staying in your own bed, and sleeping through the night. The course is 2 hours a week for 3 weeks and limited to 7 families.

- *My child is now sleeping in his own bed! Getting more sleep - the whole family has benefitted*

CONSULTATIONS OBSERVATIONS ASSESSMENTS

COST: £60 PER HOUR. Please contact the Office for more details.

EARLY DEVELOPMENT GROUPS

Our Early Development Groups are for infants and young children with Down syndrome aged 12 months to 5/6 years of age. Babies are also welcome to join in the second part of our youngest group. Laura, Mel and Wendy currently deliver 7 group sessions and 4 one-to-one sessions. One to one sessions are for children with additional complex needs.

FEEDBACK NEEDED PLEASE

We are currently evaluating these sessions. Please can you use the link below to give us your comments. We use these to monitor progress and also ensure we are meeting the needs of the parents and children involved.

FUNDING These groups are currently funded by the National Lottery. We received five years funding in March 2020 and it is due to expire March 2025. Where does the time go?

We will be using your feedback to help us apply for further funding. Please can you take 10 minutes to complete the questionnaire. Thank you



EVALUATION LINK

https://form.jotform.com/wendy_uttley/early-development-group-evaluation

PRIVATE FACEBOOK GROUP

Are you a member of our Early Development Group private FB group?:

[Early Development Groups for children with Down syndrome | Facebook](#). If you would like a link to join please email the office.



Our year 4 group is working on number up to 8



TWIRLY21s

The Twirly21s now have their very own tee shirts displaying their logo. Join them every Saturday, 2.30 to 3.30pm at Footsteps Theatre School, Idle, BD10 8PY.

Classes are delivered by Claire King who has a wealth of experience working with young children who have Down syndrome. Dancers are asked to pay £2 on entry to practice their money skills. This is our youngest dance group for children aged 5 to around 12 years.



DANCE21

Our older dance group, for young people aged 12+ dances every Thursday, 6 to 7pm at Footsteps Theatre School, Idle, BD10 8PY.

Dancers are asked to pay £3.50 on entry to practice their money skills.

Classes are delivered by Claire King, alongside Kim Booth, one of our most experienced dance21 members.

Dance21 will be performing at EXPRESSIONS Northern Ballet in July.



WISH CLUB PLANS FOR MAY

3rd May - session for young people on public and private touch and personal private touch.

10th May - Space week

17th May - Karaoke competition

24th May - Games night with Shabana

31st May - Who am I? Session - understanding your likes and dislikes.

The club runs every Friday, 6 to 8pm, for young people aged 11 to 13 years and 6pm to 10pm for teenagers and adults up to age 25.

It's full of amazing equipment: HiFi, pool table, Xbox, TV, DVD player, exercise bikes, karaoke, football table, chill out area with bean bags and comfy couches, air hockey table and large Connect 4.

Young people are welcome to bring along a friend or sibling age 11+ to the club. We charge £2 subs every week and also run a tuck shop so please ensure your young person has a little cash on them. It all helps towards developing money skills. Thank you.

PUBLIC & PRIVATE TRAINING SESSIONS FOR YOUNG PEOPLE ON FRIDAY 3rd May

This second training session for young people will take place Friday 3rd May, 6.30 to 7pm for girls and 7.00 to 7.30pm for boys. During the session we will be discussing private personal touch and hygiene using models of female and male genitalia to help demonstrate and explain. A message will be sent out via the WhatsApp group the week before for you to confirm attendance. If your child/young person is not a member of the Wish Club they are very welcome to attend. A full lesson plan is available and will be posted to all families wishing to be involved.

TRAINING FOR PARENTS WILL TAKE PLACE IN MAY

(see page 3 and also our website)

[Me, my body, my friends, my life | Down Syndrome T&SS \(downsyndromebradford.com\)](#)



WISH CLUB EVALUATION

Please can you let us have your feedback on the sessions. Thank you https://form.jotform.com/wendy_uttley/wish-club-feedback-form

INDEPENDENT LIVING SKILLS PROJECT (taster day)

I Can Shop, Cook & Clean

Taster day - Friday 10th May, 10am to 12pm

We are delighted to finally launch our Independent Living Skills course. The course will be based at our centre and run one day a week over 10 weeks.

A leaflet detailing the content of the course is available. Briefly it will cover a range of skills needed in the kitchen, bathroom, bedroom and living room, for example, what is the difference between toilet cleaner and body wash? How to use a microwave, wash, iron, shop for and cook a meal.

If you are interested in securing a place please contact the Office and we will send you a registration form and initial assessment form (just to gather initial information on your young person).

News and articles from elsewhere

PROJECT SEARCH - APPLY FOR A PLACE THIS SEPTEMBER

This is a Supported Internship for young people aged 18 to 24 and supported by Bradford College and Bradford Royal Infirmary.

[Project SEARCH \(bradfordcollege.ac.uk\)](http://bradfordcollege.ac.uk)

New SEN—Sational Playgroup

A new playgroup for children aged 5 and under with additional needs every Tuesday 10am to 11am, term time only at Footprints Family Centre, BD6 3PZ. Cost £2 per family. Places are limited to 10 per session and need to be booked.

The session will provide sensory activities, support from a level 3 SENCO and experienced volunteers.

Contact: Haley 01274 690262, email: haley@fpfc.org.uk

MATHS FOR LIFE ONLINE WORKSHOP FOR SCHOOLS

The next SEN School Networking event is scheduled for 10-11am on Tuesday 14th May on Zoom. If you are a SEN School using the Maths For Life programme, or thinking of using it, and want to talk to other SEN Schools who are, then join the community forum and request access to the SEN School Network [here](#).

[Maths For Life - A Differentiated Approach®](#)

LEARN AND THRIVE NEWSLETTER

[Newsletter Issue - Spring 2024 \(mailchi.mp\)](#) with news of their new online learning sessions 'The Changing Adolescent Body'.

National Learning Disabilities & Autism 2024 Conference

Thursday, 06 June 2024, Pendulum Hotel & Manchester Conference Centre

The conference agenda will feature a series of plenary presentations, delivered by expert speakers with both professional and personal experience. Interactive panels will encourage greater engagement and discussion, whilst informal networking sessions will foster knowledge sharing and the opportunity to connect with fellow attendees.

View the conference details here:

[Supporting Autistic People and People with a Learning Disability | Open Forum Events](#)

IPSEA - SEND LAW TRAINING

[SEND law training from IPSEA](#)

Introduction to SEND law, 5 June, 9.45am - 3pm, £65

Designed for parents, carers and family members of children and young people with SEND, this one-day training provides an introduction to the SEND legal framework, empowering attendees to secure the right education for their child.

SEND Tribunal hints and tips, 26 June, 9.45am - 3pm, £65

A practical training session for parents and carers currently going through the following appeals processes:

- Appeals against the contents of an EHC plan
- Appeals against the school named in an EHC plan

Plus a range of training for educational professionals.



SPEECH, LANGUAGE & COMMUNICATION RESOURCES

[Speech, language and communication - Downs Syndrome Association \(downs-syndrome.org.uk\)](http://downs-syndrome.org.uk)

A range of resources, videos and fact sheets to download to support speech, language, feeding and drinking development.

UPDATES ON BENEFITS ADVICE

[A round up of benefits and finance news - April 2024 - Downs Syndrome Association \(downs-syndrome.org.uk\)](http://downs-syndrome.org.uk)



Planning for the Future - event for parents of young people with SEND

Managing finance, wills and trusts, independent living, social care and more .

Tuesday, May 21 · 9:30am - 2:30pm at John Smith's Stadium, Huddersfield HD1 6PG

This is not a careers event but aims to support parents and carers with the queries they have about:

- Finance - managing someone's money, wills and trusts
- Deputyship
- Benefits
- Building independence
- Housing/living options
- Support with independence
- Transition to adult social care
- Mental capacity and best interests
- Support with health and mental health issues
- What you can tap into locally to help you make plans

The event will be a mix of workshops and opportunity to talk to a range of different providers and get advice and support.

[Planning for the Future event for parents of young people with SEND Tickets, Tue, May 21, 2024 at 9:30 AM | Eventbrite](#)

MIND THE GAP APRIL NEWSLETTER

[@Launching Activate, workshops for people with learning disabilities and/or autism \(mailchi.mp\)](#)

Visual Art Workshops Exclusively for People Aged 18+ with learning disabilities and/or autism. Every Thursday (term time) 10.30 to 12.30pm at Equality Together, Manningham.

ZINE MAKING WORKSHOPS

Starting 4th May and running every Saturday, 1.30 to 3.30pm, until 6th July at The Learning Room, Cartwright Hall, Lister Park, BD9 4NS. A Zine is like a comic book made of pictures, stories, hand-written, collaged, painted and drawn. For more information call 01274 487390, Whatsapp 07564939642 Email: activate@mind-the-gap.org.uk

SHOUTING OUT A BIG THANK YOU TO OUR VOLUNTEERS.

We could not deliver the standard of service we provide without the support of our amazing volunteers. This month we would like to say a big thank you to Lisa who helps out at our monthly family Saturday sessions and adult speech & language group session. Thank you Lisa.



fundraising news

A BIG THANK YOU TO EVERYONE WHO RAISED AND DONATED FUNDS DURING APRIL

Total raised in April £3757.39 .Our target for 2024 is £70 000.
Thank you.

ASDA Collection for World Down syndrome day, £89.59
AWB Charlesworth Solicitors Limited, donation for Wills and Trust night £50.00
Just Giving, Oddfellow Arms Football Club Three Peak Challenge £19.42
Give as you live, £18.48
M Choudhury, £100
Eldwick Methodist Church, £350
DSTSS Easter Raffle, £412.89
Liz Mclean, collection tin, £93.36
Mentson Pre-school, 21 things challenge for World Down syndrome day £585.10
All Together Now Choir—cake sale £22.03

REGULAR MONTHLY DONORS

We now have 11 regular monthly donors. Total raised in April £146.52
Thank you.

OUR AIM

Our aim is to attract 100 regular donors to donate £5 each month and thus generate £6000 each year. Wouldn't that be fantastic!?

GRANTS

The Seedling Foundation Grant for 2 Early Year Support Packs , £870
Austin & Hope Pilkington Trust for 'I Can Work Project', £1000.

DONATED GIFTS.

Thank you to the following people for their donation of gifts for our raffles, tombolas and gift stalls:

Chrissy Munro, Nicky Major, Liz Mclean, Lisa Ord (signed rugby shirt), Vicky Khan—donation of baby clothes and Christmas rolls for raffles, Steve and Lisa Robinson - donation of Baby Carrier, Abi & Mark Ottoway - donation of baby clothes and items. Laptop for use in our office and 10 'Introduction to Safeguarding' online courses from High Speed Training

Total raised in
2024
£29 255

Could you
commit to
pledging £5
every month?

PayPal
Donate

EASTER RAFFLE PRIZE WINNERS

- 1st prize - Luxury case of wine, Victoria Smith
- 2nd prize - Afternoon tea for two at Tallulah's Wine Bar, Jenn Casper-Smith
- 3rd prize - Molton Brown Gift Set - Lisa Ord
- 4th prize - Mason and Rose Luxury Candle - Liz McLean
- 5th prize - Large bar of Cadburys chocolate - Avril Dear
- 6th prize - Bundle of learning resources by Down Syndrome Training and Support Services—Nicky Major
- 7th prize - Salt Pots £15 Pottery Painting Voucher - Wendy Uttley
- 8th prize - Large Easter Egg - Louise Conners
- 9th prize - Vegan Soaps - Laura Hempel
- 10th prize - Bundle of Easter Goodies - Helen Gibbon

Thank you to everyone who donated prizes and bought tickets. The raffle raised £412.89. Fantastic.

TASTER DAY - GYM SESSION AT KEIGHLEY LEISURE CENTRE

We are delighted to offer a taster day for young people aged 13+ on Tuesday 21st May, 4.15 to 5.15 at the downstairs gym at Keighley Leisure Centre.

The session will be delivered by Sophie Robinson a fully qualified and very experienced fitness instructor.

Parents will be asked to stay on the premises and if any young person needs one to one support this will need to be a parent/ carer/personal assistant.

The taster session will be FREE but needs to be booked by contacting Karen Barron:

01274 561308 or karenbarron@downsyndromebradford.co.uk

TICKETS
now on
sale via
our
website.

SCAN THE QR CODE TO BOOK TICKETS OR VISIT www.downsyndromebradford.com
ADULTS: £15 EARLY BIRD: £10 ON THE GATE
KIDS (5+): £4 EARLY BIRD: £5 ON THE GATE
UNDER FIVES AND PEOPLE WITH DOWN SYNDROME: FREE!
BOOK OF TICKET SALES GO TO THE DOWN SYNDROME TRAINING & SUPPORT SERVICE LTD
CHARTER NUMBER 110004
COMPANY REGISTERED IN ENGLAND & WALES 0810558



KEEP UP TO DATE WITH EVENTS ON SOCIAL MEDIA

PUBLIC FACEBOOK PAGE <https://www.facebook.com/DownsyndromeTSS/>
For more general and formal information.

CLOSED FACEBOOK GROUP Our closed Facebook group provides information on day to day activities <https://www.facebook.com/groups/DSTSS/>

TWITTER <https://twitter.com/DownsyndromeTSS>

INSTAGRAM <https://www.instagram.com/downsyndrometss/>

CONTACT Wendy Uttley or Heidi Grosvenor

Website: www.downsyndromebradford.com

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