

Saturday sessions

We offer many events and activities throughout the year including a monthly Saturday session for families with children from birth to around 11 years of age.

These meetings are on the 2nd Saturday of the month 10.00 until 12.00 at Bingley Methodist Church Hall, Herbert St, BD16 4JS. During this time we provide learning activities for the children, these include singing, signing, magic bag, parachute, instruments and snack time.

Volunteers are present to interact with and look after your child giving you the chance to join in any discussions.

If you have problems with getting to our meetings we can provide transport. Please contact the Office.



Website

Full details of all of our services, booking forms and our newsletter are available on our website
Visit: www.downsyndromebradford.com

Public Facebook Page

<https://www.facebook.com/DownsyndromeTSS/>

Closed Facebook Group

For information on day to day activities .

<https://www.facebook.com/groups/DSTSS/>

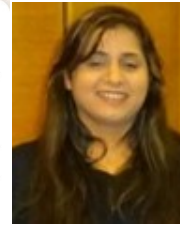
Instagram

<https://www.instagram.com/downsyndrometss/>

ہم کئی تقریبات اور سرگرمیاں سارا سال آفر کرتے ہیں جس میں پیدائش سے لے کر گیارہ سال کی عمر تک کے بچوں کی فیملیز کے لیے ماہانہ ایک بار ہفتے کے روز کا اجلاس شامل ہے۔ یہ اجلاس ہر مہینے کے دوسرے ہفتے والے دن صبح دس سے بارہ بجے تک درج ذیل پتے پر منعقد کیے جاتے ہیں

Bingley Methodist Church Hall, Herbert Street, BD16 4JS.

جو سرگرمیاں ہم مہیا کرتے ہیں ان میں گانا، جادوئی تھیلے، پیراشوٹ، آلات اور ہلکا پھلکا کھانا شامل ہیں۔ ہمارا مقصد متعلقہ موضوعات پر معلومات فراہم کرنا ہے۔ اگر آپ کو ہماری میٹنگز تک پہنچنے میں مشکلات کا سامنا ہو تو ہم ٹرانسپورٹ بھی مہیا کروا سکتے ہیں۔ فونزہ خان ہماری ایسیٹائی رابطہ کار ہیں۔
شکریہ



Farzana Kauser is our Asian Family Coordinator & Interpreter



Jenn Casper-Smith
Manager & Trainer



Wendy Uttley
Manager & Trainer



Heidi Grosvenor
Deputy Manager



Laura Hempel,
Early Years & Family
Support
Practitioner



Georgina Edwards
Finance Officer



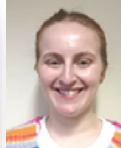
Nicky Major
Adult Support Officer



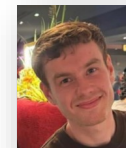
Kate Coates
Social Media Officer,
Admin and Housekeeping



Sarah Bentley
Youth Worker



Fran Shaw
Youth Worker



Jake Scott
Youth Worker

Meet our staff



Down Syndrome Training & Support Service Ltd

Registered Charity No.1130994
A company registered in England and Wales
Number 6915555

EVENTS, SERVICES AND SUPPORT FOR CHILDREN WITH DOWN SYNDROME AND THEIR FAMILIES



The Pamela Sunter Centre
2 Whitley Street, Bingley,
Bradford, BD16 4JH

Manager & Trainer
Jenn Casper-Smith

Telephone: 01274 561308

Email:

office@downsyndromebradford.co.uk

Web: www.downsyndromebradford.com

Our charity was formed in September 2000 with the aim of providing an opportunity for families to meet informally and share their needs and experiences. Now based in Bingley, the charity provides many services and training courses aimed at supporting both families and professionals.

Training courses & resources

Courses are delivered at The Pamela Sunter Centre, online or in the child's school setting. They include: an introduction to Down syndrome, training in signing, basic number skills, using the written word to develop language skills, behaviour, teaching children how to tell the time and use money, toilet training and sexuality relationships education. We also deliver assemblies to introduce Down syndrome to schools. A leaflet with more details is available.

Newsletter

A monthly newsletter is produced to keep you updated on events and developments.

Early Development Groups

Early Development Groups run every fortnight at the Centre. Sessions are for children with Down syndrome aged 10 months to 6 years and their parent/carer.

Learning support staff are welcome to attend these sessions.



Twirly21s

Weekly dance classes for younger children with Down syndrome aged 5 to 11 years run every Saturday, 2.30 to 3.30pm at Footsteps Theatre School, Westfield Lane, Idle, BD10 8PY with Claire King.

Sibz Zone

Our siblings group run monthly, either online or at our centre in Bingley. It is for siblings aged 6+. We provide lots of fun activities and also opportunities for the children to share thoughts and feelings through interactive games and a 'worry' box.



Dance 21.



This is our dance troupe; available to dance at your function. Weekly dance sessions take place for young people with Down syndrome aged 13+, Thursdays 6 to 7pm at Footsteps Theatre School, Westfield Lane, Idle, BD10 8PY with Claire King.

Wish Club 11+ (Weekend is Here)

Our youth club, for young people with Down syndrome ages 11– 25 from 6pm to 9pm, every Friday. It is staffed by two youth workers plus volunteers. The WisH Club is full of exciting equipment including a pool table, X box and exercise bikes.



Gym Club

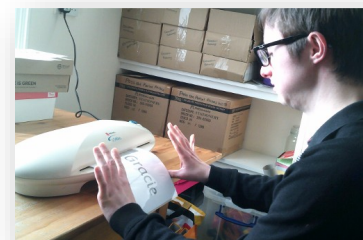
Weekly Gym Club every Tuesday 4.15 to 5.15, aged 13+ at Pinnacle Performance, Bradford.

Speech & Language Group Sessions

Monthly speech and language sessions take place at our Centre. We currently have two independent therapists running group sessions and one to one sessions.



I can work project



Our work project seeks to support young adults into local employment or a supported internship. Their time is spent learning work related life skills through 'on the job' tasks at our centre.

Independent Living Skills

I can shop, cook and clean.

Our new 10 week programme based on the lower floor of our centre where we now have a living room, bedroom, kitchen and bathroom. The young people will learn skills to use in the home including shopping, time, money and independent travel skills



Travel Training

We provide travel training for young people from walking safely to using the bus and train.

Counselling

One to one sessions are available online with our highly experienced counsellor.

Library

There is a selection of relevant books and resources available for you to borrow on a monthly basis. Visit the library page on our website.