



Down Syndrome Training & Support Service

Registered Charity Number 1130994.
Company registered in England and Wales 6915555

February 2024



FEBRUARY FAMILY SATURDAY SESSION



at Bingley Methodist Church, Herbert Street, BD16 4JS.

Saturday 10th February 2024

We will be celebrating Valentine's Day and making something special for our loved ones.

All of our usual table top activities, including red play dough, an ice tray to explore, floor, circle and singing activities will be on offer - all families welcome to come and join in the fun.

We are busy bringing together a team of parents and volunteers to help with the planning and running of these sessions.

If you would like to be part of the team which covers everything from setting up, cleaning equipment, helping in the kitchen, delivering a circle session, planning a craft session, baking a cake.....please contact the Office, we would love to hear from you.

Transport available if required, please contact the office



Our wonderful Christmas party



The Sibz Zone (for siblings aged 6 upwards) will take place on Saturday 10th February at our centre in Bingley, 10am to 12pm, timed to coincide with the family Saturday session at Bingley Methodist Church. Elanor Murray will be leading the session with help from

Zahra and Maaria. For more details please visit our website: [Support activities | Down Syndrome Training and Support Service Ltd](#)

The winter issue of the Canadian Down Syndrome Society magazine is specifically for siblings featuring articles, experiences and questions and answers about the future.

[321-Magazine-Winter-2024-The-Siblings-Issue.pdf \(cdss.ca\)](#)

21st MARCH 2024—RAISING AWARENESS & FUNDS

Next month on 21st March it's world Down syndrome day and we are busy preparing to raise awareness and funds. Visit our web page for information on training, assemblies, awareness resources, doing 21 things to raise £21 and our open day on Thursday 21st March 2024. More next month.

Visit: [World Down Syndrome Events | Down Syndrome T&SS \(downsyndromebradford.com\)](#)

AWARENESS IN YOUR CHILD'S SCHOOL. In September 2023 we wrote to schools across Bradford asking if they would support us on world Down syndrome day by encouraging children and staff to do 21 things to raise £21, for example bake and sell 21 buns, dance for 21 minutes, read 21 books.....To date we have had no uptake on our request. Please can you help by mentioning world Down syndrome day to staff at your child's school. Thank you.

A WARM WELCOME TO OUR NEW MEMBERS OF STAFF

This term we are delighted to welcome three new members of staff:

At the beginning of term Melanie Dekker joined us as Early Years Practitioner and Trainer. Melanie will be working 16 hours per week, term time only, delivering some of our early development groups, and training to deliver training and support to schools. Her background is teaching in both mainstream and special school.



Melanie

On 19th February Nicky Major and Catherine Bourke will commence work as Adult Support Officers working together to launch our 'Independent Living Skills' project and source and support meaningful work placements in the local community as part of our 'I Can Work' project. They will initially work on a zero hours contract up to 6 hours each per week. We are thrilled to be rebuilding this team and expanding our 'I Can Work' project which has been based entirely at our centre since lockdown.



Nicky

Nicky has a background in teaching and is mum to a 12 year old young man with Down syndrome.

Catherine has a background in HR and experience of working with people who may be excluded from the workforce.



Catherine

Places will shortly be available for young people aged 18+ on both projects. See next page. Please contact the Office to register your interest.

PARENTS NIGHT OUT

23rd February from 7pm at Reuben's, Bingley

For several months we have been trying to establish a support group for dads. We have decided to try it from a different angle and invite all parents in the hope that some mums and dads will turn up and dads will have the opportunity to chat together and share experiences.

If you are interested please contact Karen Barron by phone 01274 561308 or email karenbarron@downsyndromebradford.co.uk



UPDATE ON OUR 'I CAN WORK' PROJECT

At the beginning of term we were delighted to welcome Emerson Stead onto our 'I Can Work' project. Emerson will be at the centre every Wednesday learning work related skills.



ONE MORE PLACE AVAILABLE

With the employment of 2 new members of staff, Nicky and Catherine, (see front page), we are now in a position to recruit another young person onto this scheme aimed at increasing confidence, independence and everyday work and life skills. Please contact the office for details. All candidates must apply and take part in an initial assessment. For more details please visit our [website](#) or contact the office.

Job related skills covered by the project:

- Basic office skills
- Workplace conversations
- Time keeping
- Money awareness
- Appropriate dress
- Appropriate personal care skills
- Managing feelings
- Using the telephone
- Going to the local shop
- Using public transport
- Personal reading and number skills

ALL THE BEST STEPHEN

The end of 2023 was also the end of Stephen's time with us on our I Can Work project. Stephen has made brilliant progress and we are thrilled that he will be working every Friday at Keighley People First. We wish Stephen all the very best in his new role.



LAUNCH OF OUR INDEPENDENT LIVING SKILLS PROJECT

Our new Independent Living Skills programme will be delivered by our new members of staff Nicky and Catherine.

The programme of activities will be delivered one day per week between 10am and 2pm and cover a range of skills needed in the kitchen, bathroom, bedroom and living room, for example what is the difference between toilet cleaner and body wash? How to use a microwave, wash, iron, shop for and cook a meal.

If you are interested in a place for a young person please contact the Office. Thank you.

clean clothes



dirty clothes



EARLY DEVELOPMENT GROUPS

Thank you to everyone for renewing your place in our groups this term.

Everyone is now be part of a WhatsApp group and will have a reminder sent the day before each session. Most groups are full but we do have two places available in our Friday group for children aged 3 to 4.

We welcome Melanie Dekker who will be taking over some of the groups later this term. This should increase our capacity to provide more one to one sessions where needed and also support your child's school through training and consultation.

Hi 5 Santa



PRIVATE FACEBOOK GROUP

Are you a member of our Early Development Group private FB group: [Early Development Groups for children with Down syndrome | Facebook](#) . If you would like a link to join please email the office.

SPEECH & LANGUAGE GROUP SESSIONS

from age 5 to adulthood

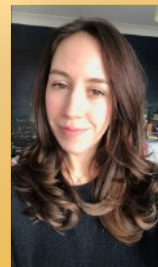
FEBRUARY SESSIONS



JESSICA FOLEY: Groups will run Saturday 10th February. Please contact the centre for details on the adult group.

LAUREN DRAKE: Groups will run Sunday 18th February at the centre.

Funded by David Solomon Trust and Sovereign Health Care.



RENEWALS FOR THIS TERM

Before Christmas families were contacted to renew their attendance for this term. Thank you to everybody for their prompt replies. There are a few still places available please contact the Office if you are interested.

FREE ONE TO ONE COUNSELLING SESSIONS AVAILABLE ONLINE WITH OUR COUNSELLOR TARA FOX

Are you in need of some counselling? We currently have some funding for one to one sessions with our highly experienced counsellor Tara Fox. Please email the [office](#) or ring 01274 561308 for more details or to book.

NEW COUNSELLING SERVICE FOR ADULTS WITH DOWN SYNDROME:

We are now able to offer counselling for adults with Down syndrome with Gill Iley. Please contact the office for more details.



SURVEY ON TRAINING FOR SCHOOLS

gathering feedback from parents and schools

Due to the poor uptake of training courses we have decided to use a questionnaire to gather feedback from parents and schools. This will help us in our future planning and delivery of training. We currently have feedback from 30 parents and 12 schools and would love more. If you have 5 minutes to spare please can you let us know your experience/thoughts on training for your child's school.

SURVEY LINK FOR PARENTS:

<https://www.surveymonkey.co.uk/r/9W7C8P9>

SURVEY LINK FOR SCHOOLS:

<https://www.surveymonkey.co.uk/r/GYV88Z2>

SURVEY ON WORKSHOPS

SLEEP, TOILET TRAINING & BEHAVIOUR

We currently offer workshops on sleep, behaviour and toileting. These workshops take place over several weeks and are primarily aimed at parents, however, occasionally professionals, who work directly with the child, attend in a bid to ensure a consistent approach.

Expectations of Behaviour - runs over 6 weeks and *Tackling Sleep Issues* - runs over 3 weeks. Last year neither of these workshop ran due to lack of demand.

Our *Toilet Training* workshop was delivered 3 times.

We would love to gather some feedback on these workshops to ensure they are needed/being run effectively. Please use the link below to contribute. Thank you.

[Survey on training workshops \(jotform.com\)](https://www.jotform.com)

TRAINING FEBRUARY

A full programme of training is available to download from our [website](#).

[Training | Down Syndrome Training and Support Service Ltd \(downsyndromebradford.com\)](#)

- [Let's Make It Visual—using visual resources to develop the language, communication and literacy skills of children with Down syndrome](#)

7th February, 9.30 to 12.30pm

COST: £60 per professional/£15 for a second person from the same school/£15 per family member.

- [Teaching basic number skills to children with Down syndrome and other learning difficulties using the Numicon approach](#)

21st February, 9.30 to 12.30pm

COST: £60 per professional/£15 for a second person from the same school/£15 per family member.

Consultations, observations and assessments

Are available at an hourly rate, either online, in school or at our centre. Please visit [Consultations | Down Syndrome T&SS \(downsyndromebradford.com\)](#) to book or for details.

RESOURCES TO DOWNLOAD FROM OUR WEBSITE

[Buy resources | Down Syndrome Training and Support Service Ltd \(downsyndromebradford.com\)](#)

Visit our 'buy resources' page on our website for a wide range of digital downloads and hardcopy books to purchase.

Programmes and activities to support teaching of:

- Signing & Down syndrome (book)
- Signing & SRE (book)
- Teaching basic number skills (book)
- Money programme of activities and resources
- Time programme of activities and resources
- Reading books (two sets of 10 books—hard or e copy)
- Language and speech sounds resources in pdf
- Numicon and number skills resources in pdf
- Me: my body, my life, my friends - resources and activities to teach sexuality relationships education
- Down syndrome and a pathway through education (book)
- Down syndrome and a pathway through health (book)

ALL PRE RECORDED TRAINING NOW AVAILABLE TO DOWNLOAD AT £5 PER TIME

[Buy resources | Down Syndrome Training and Support Service Ltd \(downsyndromebradford.com\)](#)

Many of our courses were recorded during lockdown. These are still available to download from our website at a cost of £5 per download. It may be a good option for school staff who cannot manage to attend courses in person.

Courses include:

- Introduction to Down syndrome,
- Signing and Down syndrome - 3 downloads
- Let's make it visual,
- Teaching basic number skills using the Numicon approach
- Expectations of behaviour
- Reading Language Intervention Programme - 2 downloads

Six week behaviour course for parents and carers of children with Down syndrome (support staff welcome please ask)

Tuesdays 20th, 27th February, 12th, 19th March and 9th, 16th April 2024, 10am to 12pm

PLACES LIMITED TO 7 FAMILIES (team around a child)

The course will cover an overview of the learning profile of a child with Down syndrome looking at how difficult behaviours may develop. Parents will then be encouraged to focus on a specific behaviour they wish to modify and we will develop personal positive behaviour strategies to work on wanted behaviours. Methods to develop self help skills using task analysis will also be taught and each week opportunities will be offered to discuss progress and learn from each other.

Support staff working with the child are welcome to come along and be involved in the session in a bid to provide a consistent approach, but please note, this course is primarily for parents.

- *It has changed my ability to look and evaluate a situation.*
- *I now feel more confident in how to progress and manage any difficult behaviour I've experienced*

COST: £60 per family/carer/support staff, ie team around a child

[Six week behaviour workshop | Down Syndrome T&SS \(downsyndromebradford.com\)](#)



TWIRLY21s

The Twirly21s now have their very own tee shirts displaying the logo below. Join them every Saturday, 2.30 to 3.30pm at Footsteps Theatre School, Idle, BD10 8PY.

Classes are delivered by Claire King who has a wealth of experience working with young children who



have Down syndrome. Dancers are asked to pay £2 on entry to practice their money skills. This is our youngest dance group for children aged 5 to around 12 years of age.

DANCE21

Our older dance group, for young people aged 12+ dances every Thursday, 6 to 7pm at Footsteps Theatre School, Idle, BD10 8PY.

Dancers are asked to pay £3.50 on entry to practice their money skills.

Classes are delivered by Claire King, alongside Kim Booth, one of our most experienced dance21 members.



OCCUPATIONAL THERAPY & PHYSIOTHERAPY

On 22nd February both Holly Dunne ((physiotherapist) and Wendy Scaife (occupational therapist) will be at the centre.

Both therapists have capacity to see 4 children for a 45 minute one to one consultation. Attendance will be followed up with a programme of activities to help in developing motor skills and address sensory issues experienced by many of our children.

Appointments cost £10 (by donation, we do not wish to exclude anyone due to cost). Please contact the Office to book. **Funded by the National Lottery.**



STRONGER BODIES = STRONGER MINDS

Follow the link to read about the investigation into the effects of physical and cognitive exercise on people with Down syndrome. The study, of over 80 people with Down syndrome over 10 countries, found that walking for 30 minutes three times a week can lead to improved information processing and attention after just eight weeks.

[Mindsets Global Study: The Link Between Exercise and Cognition \(cdss.ca\)](http://cdss.ca)



WISH CLUB

FEBRUARY EVENTS AT THE WISH CLUB

2nd Feb - working on friendship skills

9th Feb - Valentines Day crafts

16th Feb - no club as gym session on 15th Feb—see below *

23rd Feb - karaoke and music night + movie Sing 2

The club runs every Friday, 6 to 8pm, for young people aged 11 to 13 years and 6pm to 10pm for teenagers and adults up to age 25.

It's full of amazing equipment: HiFi, pool table, X box, TV, DVD player, exercise bikes, karaoke, football table, chill out area with bean bags and comfy couches, air hockey table and large Connect 4.

Young people are welcome to bring along a friend or sibling age 11+ to the club. We charge £2 subs every week and also run a tuck shop so please ensure your young person has a little cash on them. It all helps towards developing money skills. Thank you.

GOING OUT CLUB NEWS

We had a fantastic Christmas party on Friday 15 December at Chapter 2, Bingley. Approx 30 people attended and enjoyed a DJ, music and buffet. The young people amazed us with their dance moves!



GOING OUT CLUB FEBRUARY HALF TERM *

On Thursday 15th February, 3 to 4.30pm the Going Out Club are going out to the gym at Keighley Leisure Centre. The smaller gym downstairs has been especially booked for us and instructors will be present to support the young people in using the equipment. With it being half term there is also the option to go swimming before (general swim) or after (large inflatables) the session.

However young people who wish to swim will have to be supported by a parent/carer. To book please use the link below:

https://form.jotform.com/wendy_uttley/going-out-club-gym-session



News and articles from elsewhere

NEW ORANGE TRAVEL WALLET SCHEME

West Yorkshire Combined Authority (WYCA) have launched a new orange travel wallet scheme, which aims to make it easier for people with communication difficulties or disabilities to use public transport. It's a subtle way of letting transport staff know that a passenger with a wallet might need additional support or assistance with their journey, or a bit more time.

Orange wallets are free, and you can pick one up from your nearest bus station or call MetroLine on 0113 245 7676 and they will send one by post.

Travel Assistance Cards You can also download a card with details of the help you need and keep this in your orange wallet along with your travel pass.

When you get on a bus or train, hold the card up to let the driver, conductor or station staff know what help you need.



BRAD STARZ,

BRAD STARZ is a new youth voice group for 14–25 year olds in Bradford who have an additional need.

The group meet monthly at City Hall, Bradford to share what it's like to have SEND in Bradford, make new friends, develop new skills with the aim of improving provision across Bradford.

For further information: call/text Matt Elliott on 07890 642146 matthew.elliott@bradford.gov.uk or sendyouthvoice@bradford.gov.uk.

More info on the Local Offer: [click this link](#)

Download the [flyer](#)

MEN CARE TOO PROJECT with Carers Resource

Join The Carers Resource *Men Care Too* project for countryside walks, meals out, woodwork, music, campfires and bushcraft. All events are free for male carers registered with Carers' Resource. There is a bushcraft camp weekend planned for Sat/Sunday 17th and 18th February, at Hunters Greave Scout Activity Site, Pollard Lane, Bramley, Leeds LS13 1EQ. The weekend will include: archery, fire craft, camp fire cooking skills and tarpology. Sounds fantastic!

For further information and to join any of the *Men Care Too* events contact Goran Selby on 07874 867136 or email mencare2@carersresource.org

DARK HORSE THEATRE COMPANY, HUDDERSFIELD

The Dark Horse Theatre company, based in Huddersfield works with individuals with learning disabilities and/or autism. The company runs workshops, works to put on shows and delivers actor training. They are inviting young people to come along to free drama sessions, where they can learn new skills, meet new friends and build their confidence!

IGNITE is part of Dark Horse Theatre for young people aged 16+. It runs as a weekend theatre school every Saturday (during term-time) across the year. It's completely free for participants to attend. Sessions are based at the Lawrence Batley Theatre in Huddersfield, and the Howlands Centre, Dewsbury.

If you have any questions, or would like to attend then please get in touch on this email (dan@darkhorsetheatre.co.uk) or ring 01484 484 441.

[Dark Horse Theatre | Theatre in Huddersfield](#)



NEWS FROM THE DOWN'S SYNDROME ASSOCIATION

TRAINING: [Dual diagnosis of Down's syndrome and autism webinar Part two](#), Thurs 22 February, 10.30 to 12pm, £10.

WEBINAR: [Understanding and supporting behaviour in children](#) Thurs 29 Feb, 10.30am to 12pm, £10.

EXHIBITION: [My Perspective 2023 photography exhibition](#) is coming to the Hilton Leeds City from 4 March to 22 March (LS1 4BX)

MATERNITY CARE: The Royal College of Midwives want to identify the top 10 priorities for research in midwifery practice and maternity care and have created a survey to get input from the wider community. Find out more and access the survey, [Midwifery practice and maternity care in the UK - what matters to you?](#)

[30948-CR-Choices-Newsletter-Issue-125-ART-Screen.pdf](#)
(carersresource.org)

CARERS RESOURCES NEWSLETTER

FULL OF EVENTS AND ARTICLES FOR CARERS

The [new KtoA Magazine is out now!](#) (marketingusercontent.com)

KIDZ TO ADYL TZ WINTER ISSUE MAGAZONE NOW OUT

Disability Grants - Charitable Funding for the Disabled (disability-grants.org)

A website full of information and direct contacts for grants to help with the day to day care of a child with a disability. For example Family Fund which will give a grant to buy a new washing machine, go on a break, have driving lessons, and much more!

13TH WORLD DOWN SYNDROME DAY CONFERENCE!

On World Down Syndrome Day, 21 March 2024, Down Syndrome International will be hosting the 13th World Down Syndrome Day Conference at the United Nations in New York and everyone is invited to join. They will be launching a campaign calling for Health Equity for people with disabilities. You will hear from self-advocates, supporters, government and UN officials and NGO representatives as they share knowledge, experience, and good practice on this subject.

To learn more visit: [13th World Down Syndrome Day Conference \(ds-int.org\)](http://13thWorldDownSyndromeDayConference(ds-int.org))

World Down Syndrome Congress 2024

Brisbane, Australia 9 - 12 July 2024

Down Syndrome Australia are hosting next year's World Down Syndrome Congress and are inviting people to register for the event now.

[WDSC Conference 2024 – Down Syndrome Australia](#)

This international conference brings together people with Down syndrome, family members, researchers and service providers to showcase the latest research and best practice as well as the lived experience of Down syndrome from around the world.



PARENTS AND CARERS TOGETHER (PACT) - early language intervention

[Parents and Children Together \(PACT\) | PACT-DS \(manchester.ac.uk\)](#)

PACT-DS aims to adapt the PACT early language teaching programme specifically for parents and young children (aged 3-6 years old) with Down syndrome and evaluate the benefits of the targeted language intervention.

The aim is for up to 30 families to take part in the project based at Manchester and Reading Universities. Find out more by contacting kelly.burgoyne@manchester.ac.uk and kirstie.hartwell@manchester.ac.uk.

Read their update here: [PACT-DS Newsletter - December.pdf](#)

fundraising news

A BIG THANK YOU TO EVERYONE WHO RAISED AND DONATED FUNDS DURING DECEMBER & JANUARY

Total raised in December £11 058.80 bringing the total raised during 2023 to a whopping £71 404, fantastic! A big thank you to everyone for their wonderful efforts; every little helps.

- Burley Oaks Primary School, £5
- Paypal Giving, £379.36 + £74.39
- Tambourine Café, Saltaire, £61.73, collection tin
- Half Moon Café, £60.89, collection tin
- David McLean, £13.78 collection tin
- Gulshan Khan, £411.55 collection tin
- Kath Mellor, £200
- S Kauser, £10
- Our Christmas coffee morning, £39
- Ivy's grandad, £48.49
- Ivy's Aunty Heather, £59.94
- Our Christmas raffle, £364.78
- Our Christmas tombola and gift stall, £100.08
- Justgiving, £41.09
- In memory of Jean Hughes, £47
- Holly House Charitable Foundation, £3000
- Claire Powis, Don't Send Me a Card, £18.72 in lieu of Christmas cards

REGULAR MONTHLY DONORS

John Cain, £25x2
G Sweaney, £5x2
Peter Todd, £25x2
Mrs P Fletcher, £15x2
G Martill, £10x2
Jo Morgan, £10x2
E & P Sutherland, £8x2
Charitable Giving, £25x2

GRANTS

Sovereign Health, £1000, unrestricted
The Medicash Foundation, £5000—we won the vote!
Screwfix, £2827 to upgrade our alarm system (January 2024)

DONATED GIFTS. Thank you to:

Thank you to the following people for their donation of gifts for our raffles, tombolas and gift stalls:

Susan Timberland, Susan Yewdall, Alison Bailey, Anne Kay, Mary Cuthbert, Jacob & Tia Harwood, St Theresa's stay & play, Christine Munro and Sue Benneckie-Chapman.
Illingworth McNair, wine hamper for Christmas raffle
Tallulah's, Saltaire—afternoon tea for two voucher
Little Stationery Shop, £20 worth of gift vouchers
Peacocks, Bingley, £20 meal voucher
Giddy Arts, Saltaire, soaps for gift stall/raffle
Salt Pots, saltaire, £15 pottery painting voucher
Mason & Rose, donation of a candle for our next raffle

Total raised
in 2023
£71 404

PLEASE DONATE YOUR UNWANTED TIN BOXES

We are planning a 'tin tombola' as one of our stalls in our July summer fundraising events. If you have any unwanted tins to donate please drop them at the centre. AND..if you would like to include a little gift or surprise in each tin please feel free! It will all add to the fun of the Tombola. Thank you



THREE PEAK CHALLENGE

Jamie Hogg and Odd Fellows Arms F.C are walking the Yorkshire 3 peaks at the end of their football season to raise



funds for our charity. Please visit and share, thank you

https://www.justgiving.com/page/oddfellowarmsfc1?fbclid=IwAR0sZSA38QpHll_as9kfUc7SfH0tityz2BHR9t9HTIm66biV-sGhtLfCtRo

MEMBERSHIP RENEWAL AND BID TO INCREASE THE NUMBER OF REGULAR MONTHLY DONORS

Over the coming months Karen will be contact all members, both family and organisational, to renew their subscription. The form is now electronic and very easy to use.

Membership of our charity is free but on the form we ask for a donation towards running costs. This year we are also asking members if they could commit to a monthly donation of £5. If 100 people donated £5 per month this would amount to £6000 and if we could claim Gift Aid on all donations this would increase to £7500 - this would be amazing and could, for example, fund our Wish Club for one year.

Every little helps, thank you.

[WEBSITE LINK TO FUNDING PAGE](#)

[WEBSITE LINK TO MEMBERSHIP PAGE](#)

Could you
commit to
pledging £5
every month?

Paypal Donate



You can now make a one off donation or set up a monthly gift to our charity using Paypal - just click on the button above.

Also when paying for items using PayPal you can select to donate £1 to us at checkout. Just visit [Donate with PayPal Giving Fund](#) and set us as your favourite charity. Thank you

CHRISTMAS RAFFLE RESULTS

1st Prize: Christmas hamper—David Suddard
2nd Prize: Bottle of Glenlivet single malt scotch whiskey - Dorota Plata
3rd Prize: Signed Leeds Rhinos rugby shirt - Daphne
4th Prize: Bottle of prosecco and box of chocolates - Wendy Uttley
5th Prize: This is ME! Signed copy of George Webster's book - Tegan Bowis
With runner up prizes won by Mel Ratcliffe, Tegan Bowis and Bethany Warin
Thank you to everybody who donated prizes and supported us by buying raffle tickets, we raised £364.78.

KEEP UP TO DATE WITH EVENTS ON SOCIAL MEDIA

PUBLIC FACEBOOK PAGE <https://www.facebook.com/DownsyndromeTSS/>
For more general and formal information.

CLOSED FACEBOOK GROUP Our closed Facebook group provides information on day to day activities <https://www.facebook.com/groups/DSTSS/>

TWITTER <https://twitter.com/DownsyndromeTSS>

INSTAGRAM <https://www.instagram.com/downsyndrometss/>

CONTACT Wendy Uttley or Heidi Grosvenor

Website: www.downsyndromebradford.com

The Pamela Sunter Centre, Down Syndrome Training & Support Service Ltd,

2 Whitley Street, Bingley, Bradford, BD16 4JH

Tel 01274 561308

Mobile 07816465845 /07512346717

office@downsyndromebradford.co.uk