



Down Syndrome Training & Support Service

Registered Charity Number 1130994.
Company registered in England and Wales 6915555

April & May 2023

اطلاعات عام JustGiving™

APRIL FAMILY SATURDAY SESSION

We missed seeing everyone in March when the session was cancelled due to the snow!

At our next Family gathering on 15th April, 10am to 12pm Bingley Methodist Church, (Herbert Street, BD16 4JS) we will be celebrating Easter. There will be pass the parcels, an Easter egg hunt and an Easter raffle.

All welcome. Transport is available if required; just give our office a call.

EASTER RAFFLE

https://form.jotform.com/wendy_uttley/easter-raffle-ticket-form

Our Easter raffle is now live. Tickets are £1 each and can be bought by following the link above, the QR code or by contacting our office. The draw will take place at our Easter family Saturday session on 15th April.

1st PRIZE - box of Hotel Chocolat chocolates

2nd PRIZE - large Easter egg

3rd PRIZE - another large Easter egg

4th PRIZE - a snuggly Easter bunny

Plus several runner up prizes



SHORTLISTED FOR THE COMMUNITY INVOLVEMENT AWARD UNDER EDUCATION

We are delighted to have been shortlisted for the Telegraph & Argus Community Involvement Award in the education category. We will know the result after Easter. Several of our younger families came along on Monday 27th March to be filmed ready for the judging.



PROF. SUE BUCKLEY VISITS OUR CENTRE

On 16th March Prof. Sue Buckley, Ben Bolton, Prof. Tamar Keren-Portnoy, Becky Baxter and Kelly Bourgoyne visited our centre and delivered a training session for speech therapists who are members of DS CEN. Talks covered the importance on babble and understanding stammering.



MAY FAMILY SATURDAY SESSION

Our May session is on 13th May when Wendy Scaife, our occupational therapist will be joining us with exciting ideas to help your child develop their fine motor skills.



WENDY SCAIFE INDEPENDENT OCCUPATIONAL THERAPIST

Mondays 24th April & 22nd May, 9.30, 10.30, 11.30am & 1pm

Wendy Scaife, independent occupational therapist, visits our centre once a month to offer advice, assessments and programmes of activities to help develop fine and gross motor skills and address sensory issues experienced by many of our children. Appointments are 45 minutes long and cost £10 (by donation). Please contact the Office to book; four places are available each month. For more details please visit:

[Support activities | Down Syndrome Training and Support Service Ltd \(downsyndromebradford.com\)](#)

SAVE THE DATE - MONDAY 5TH JUNE

VISIT BY PROF. SUE BUCKLEY

We are delighted to invite our younger families to meet Sue at our centre on Monday 5th June. Families who attend our baby groups are invited to join us for a buffet lunch at 12.15pm and for a chat with Sue between 1 and 2pm.

Sue now lives in Cumbria and we are aware that not all younger families know of Sue and her incredible achievements. Sue Buckley is a leading expert in education and development for young people with Down syndrome. She began research examining early reading instruction for children with Down syndrome in 1980 and founded Down Syndrome Education International in 1986. Sue is the expert behind See & Learn and everything we do at our centre.

Places will be limited to 20 adults and creche places will be limited to 5 children. The event will be free but you will need to book a place. To cover the cost of staffing the creche - creche places will be £10 per child.

Please contact the office to book your place asap. Thank you

VOLUNTEERS NEEDED

We are currently short of volunteers to help with our monthly Saturday morning family sessions and our weekly youth club. We'd love to hear from you. Please contact the office for more details.

TRAINING AT OUR CENTRE

with Dr Wendy Uttley

- **Reading, Language Intervention for children with Down syndrome (April/May)**
- **Introduction to Down syndrome FREE (May)**
- **Down syndrome and ASC (May)**
- **Transition evening WORKSHOP (May)**
- **ME, my body, my friends, my life - SRE and Down syndrome WORKSHOP (May)**
- **Sleep workshop, (June)**
- **Teaching number skills beyond 10, time & money (June)**



NEXT TERM

In the summer term we will be delivering a large range of courses starting with the RLI—Reading Language Intervention training over two mornings April/May. The Introduction to Down Syndrome course will be delivered for FREE on 3rd May followed by workshops on Down syndrome + ASC, transition to secondary school (& beyond), our sexuality relationships training sessions; ME: My Body, My Friends, My Life, and sleep

FOR FULL DETAILS PLEASE VISIT OUR WEBSITE:

[Training | Down Syndrome Training and Support Service Ltd \(downsyndromebradford.com\)](http://Training | Down Syndrome Training and Support Service Ltd (downsyndromebradford.com))

Reading, Language Intervention for children with Down syndrome

Monday 24th April & 12th May 2023.

This training course is over 2 half days, 9.30am to 12.30pm.

The RLI programme, developed and produced by Down Syndrome Education International, provides a systematic structured approach via daily activities that can be finely adapted to each child. The training days will cover the theory behind the programme, how to assess a child to find a starting point, how to monitor and record progress and how to deliver the daily intervention with examples from, and reference to, the teacher's handbook and resources.

The RLI programme comprises of two strands of intervention; a reading strand and a language strand. The aim of the RLI programme is to:

- Improve spoken language and literacy skills of children with Down syndrome.
- Improve teaching practice and support educators.

We have for a long time known reading is a strength for children with Down syndrome but not all educators are aware of this or how to ensure the children reach their full reading potential.

COST: £120 per professional (£40 for second person from same school)/£30 per family member for both days inclusive.

- *Excellent. I have already put some things into practice and can see it will make a huge difference to lots of our students*

Introduction to Down syndrome FREE

Wednesday 3rd May 2023, 9.30 to 12:00pm

This session will introduce Down syndrome to people who have little experience of working with children and young people who have Down syndrome. It will cover society's view of Down syndrome, health implications, inclusion, the specific learning profile of people with Down syndrome and strengths and weaknesses in the classroom; outlining ways to ensure your teaching meets their learning needs. Promoting positive behaviour and managing behaviours will also be discussed. Vital training for all involved in the education, inclusion and development of a person with Down syndrome.

COST: FREE, refreshments provided

- *Fabulous course – given me some real insight. Will definitely amend/tweak practice*
- *Thank you a very interesting morning. I feel that I have learned so much and want to find out more! Great presentation.*
- *Very interesting and educational. Also thought provoking. Really enjoyed this course.*

Down syndrome & autistic spectrum condition

Workshop

Wednesday 17th May, 9.30 to 2.30

The workshop will enable participants to share their understanding of how children with a dual diagnosis of Down syndrome and autistic spectrum condition develop speech, language and communication. Using several case studies we will discuss what we know, what we don't know and what we would like to know! There will also be an opportunity to discuss and share ideas on how we manage communication, sensory issues, diet, feeding and unwanted behaviours.

COST: £40 per professional (£10 for second member of staff from same school)/£20 per parent, FREE for family members.

Refreshments provided but please bring your own lunch.

- *An excellent day. I really enjoyed it and gained lots of ideas.*
- *Today highlighted to me the overlap of difficulties/symptoms seen in DS & ASC*
- *Today will make me look at children I am currently working with and think about how they present*

Transition Evening for parents and carers of children with Down syndrome

Monday 22nd May 2023, 7pm to 9pm

This workshop will be aimed at parents of young people with Down syndrome due to transition from primary to secondary school or secondary school onto adulthood.

It will discuss the different options available for secondary provision and beyond, the pros and cons of each setting, planning the transition and detail the types of courses available for your child/young person. Discussions on transport, direct payments, personal budgets and supported employment will be included.

COST: Free to family members, otherwise £20.

ME, my body, my friends, my life

How to teach children & young people with Down syndrome about their bodies, keeping safe, privacy, social boundaries and self help skills

This course is over 2 days Friday 19th & 26th May 2023, 9.30am to 3.30pm

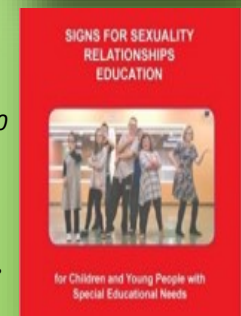
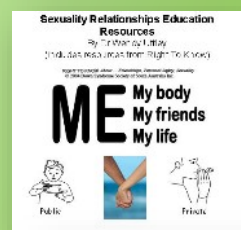
The course will cover:

- How important such training is for young people with learning disabilities. Names for body parts. Privacy.
- Puberty for girls, puberty for boys,
- Feelings, personal hygiene, self help skills.
- Touching, hugging, affection, friendships.
- Safety in the community. Assertiveness. Abuse prevention strategies. How do we become our own protector?

The signs for this topic are also covered and available in a book —SRE and Down syndrome cost £6. A Memory stick of resources & activities is available to buy at a cost of £10.

COST: Subsidised fees £60 per professional (£30 for a second professional from the same school)/ FREE for family members otherwise £30. Refreshments provided but please bring own lunch.

- *Enjoyed meeting other people and being able to talk openly about issues and facts of life*
- *It's given me the confidence to talk about the changes my child will go through and most of all helped me to prepare and be aware of what is to come.*
- *Understand now the importance of starting this work in primary schools and practical ways of doing this.*



SIBZ ZONE

April & May

Our monthly Sibz Zone is on Saturday 15th April and 13th May, 10am to 12pm with Elanor Murray.



The sessions are in the youth club at our centre and are timed to coincide with our family Saturday session at Bingley Methodist Church.



A registration form is now available online. Please can all members complete this by following the link below or the QR code. https://form.jotform.com/wendy_uttley/sibz-zone-registration-form

YOUR FEEDBACK PLEASE

We would like your feedback on these sessions. Please use the link or QR code below to tell us thoughts and experiences. Thank you https://form.jotform.com/wendy_uttley/sibz-zone-feedback-form



Dads Group

The next get together is Saturday 15th April, from 7.30pm at the Brew House, Bingley. There is a pool table in the pub. Please can you let us know in advance if you would like to attend. Text the office mobile 07512346717, thank you.

I CAN WORK PROJECT - NEW VACANCY

In the summer term we would like to recruit a new candidate for our 'I Can Work' scheme. The scheme is open to any young adult aged 18+ and involves gaining work experience at our centre one/two days each week, fully supported by Ruth Beers.

Job related skills covered by the project:

- Basic office skills
- Workplace conversations
- Time keeping
- Money awareness
- Appropriate dress
- Appropriate personal care skills
- Managing feelings
- Using the telephone
- Going to the local shop
- Using public transport
- Personal reading and number skills



All aimed at increasing: confidence, independence and everyday life skills.

All candidates must apply and take part in an initial assessment. For more details please visit our [website](#) or contact the office.

FREE ONE TO ONE COUNSELLING SESSIONS AVAILABLE ONLINE WITH OUR COUNSELLOR TARA FOX

Are you in need of some counselling?

We currently have some funding for one to one sessions with our highly experienced counsellor Tara Fox. Please email the [office](#) or ring 01274 561308 for more details or to book.



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WISH CLUB

APRIL & MAY EVENTS

- 7th April (5pm - 9pm) - Easter Good Friday - Easter egg hunt
- 14th April - activities to develop life skills
- 21st April - Spring activities
- 28th April - Going out to see ABBA, Bingley Little Theatre
- 5th May - Kings Coronation Party
- 12th May - Making omelettes
- 19th May - Making your own instruments
- 26th May - Growing herbs

The club runs every Friday, 6 to 8pm, for young people aged 11 to 13 years and 6pm to 10pm for teenagers and adults up to age 25.

It's full of amazing equipment: HiFi, pool table, X box, TV, DVD player, exercise bikes, karaoke, football table, chill out area with bean bags and comfy couches, air hockey table and large Connect 4.

Young people are welcome to bring along a friend or sibling age 11+ to the club. We charge £2 subs every week and also run a tuck shop so please ensure your young person has a little cash on them. It all helps towards developing money skills. Thank you.

GOING OUT CLUB

(part of the WisH Club, age 11 to 25, plus adults aged 25+)

We are delighted to relaunch our 'going out club' with a trip to see ABBA at Bingley Little Theatre in April. This trip is now full but future events are listed below. To reserve a place on a trip please



use the link below. Places are limited. Nearer the time you will be sent a booking form for the event.

https://form.jotform.com/wendy_uttley/going-out-club



APRIL - ABBA at Bingley Little Theatre - FULL

JUNE - CYCLING at Lister Park, 20 places.

SEPT - EAT OUT AT THE SHARMA, Bingley, 20 places

OCT - BOWLING at Hollywood Bowl, 18 places

DEC - CHRISTMAS PARTY at Chapter 2, Bingley, 50 places

SPEECH & LANGUAGE GROUP SESSION

from age 5 to adulthood

EVALUATION TIME

Please can you follow the link below or use the QR code to give feedback on our speech & language group sessions. We need to know if your child/young person is benefitting, if you are benefitting and any comments on arrangements. Thank you.

https://form.jotform.com/wendy_uttley/speech--language-questionnaire-spri



APRIL & MAY SESSIONS

JESSICA FOLEY: All groups will run Saturday 22nd April at the centre. This month the adult group will be practising ordering Tapas in preparation for going out and putting skills into real life on 13th May

LAUREN DRAKE: Sunday 16th April and 21st May at the centre

Funded by Baily Thomas and Birkdale Trust for Hearing Impaired.

PLEASE MAKE EVERY EFFORT TO ATTEND YOUR GROUP SESSION. IF YOU ARE UNABLE TO ATTEND PLEASE LET US KNOW ASAP.

If you are not currently involved in these groups and would like a place please contact the office. Thank you.



EARLY DEVELOPMENT GROUPS

EVALUATION TIME

It is time to gather feedback on our early intervention. Please can you spare a few minutes to complete the questionnaire by following the link below or the QR code.

Thank you

https://form.jotform.com/wendy_uttley/early-development-group-evaluationo



NEW AND YOUNGER BABIES

From 10.45am, on the dates of the Orange Group below, all babies are invited to come along to the centre for some early intervention on tummy time and early babble with Wendy Uttley. There will also be the opportunity to chat about a relevant topic, for example, hearing, feeding, eyesight, benefits, etc, share experiences and finish with some singing and signing to the magic bag along with the infants from the Orange Group.

ORANGE GROUP (Year 1) This is our youngest group for infants aged 12 to 24 months. It will run Monday 17th April and then Wednesday 3rd May and Monday 15th May, 10am to 12pm with Laura Hempel.

YELLOW GROUP (Year 2) This is one of two year 2 groups for children aged 2 to 3 years old. It will run Tuesdays 18th April, 2nd & 16th May, 10am to 12pm with Wendy Uttley.

RED GROUP (Year 2). This is the second year 2 group for children aged 2 to 3 years old. It will run Fridays 21st April & 5th May, 10am to 12pm, with Izzi Ashman.

GREEN GROUP (Year 3) This group is for 3 to 4 year olds and will run Tuesdays 18th April, 2nd and 16th May, 10 am to 12pm, with Laura Hempel.

PURPLE GROUP (Year 4) This group is for 4 to 5 year olds and will run Tuesdays 25th April, 9th & 23rd May 10am to 12pm with Laura Hempel. School staff are encouraged to attend rather than parents if the children have started school.

NEW YEAR 4 GROUP—BROWN GROUP

Due to an increased demand for places our year 4 purple group has been split to form two year 4 groups. The additional group will be called the Brown Group and run on a Monday with Laura. The dates for April and May are 24th April, 22nd May, 10am to 12pm.

YEAR 5 GROUPS

Our year 5 groups run monthly rather than fortnightly. The children in these groups have started school and we encourage school staff, rather than parents, to support the children in the room to enable us to share best practice. Resources will be produced each month to take home/school and practice a certain topic and set of speech sounds. In addition each child will have been offered a place in our monthly speech & language groups with either Lauren or Jessica. Both groups are FULL.

GREY GROUP (Year 5) for children aged 5 to 6 with Laura Hempel, Wednesdays 26th April and 24th May, 10am to 12pm.

BLUE GROUP (Year 5) this is our second year 5 group with Laura Hempel, Thursdays 27th April & 25th May, 10am to 12pm.

ONE TO ONE SESSIONS

Specific one to one sessions for children who need additional and more detailed support are delivered Thursdays with Wendy Uttley and Wednesdays with Izzi Ashman

ASSESSMENTS

In addition, for a fee, we now undertake an assessment and produce a written report should a school or parent request one.

Private Facebook page [https://](https://www.facebook.com/groups/earlydevelopmentgroups)

www.facebook.com/groups/earlydevelopmentgroups

FUNDED BY THE NATIONAL LOTTERY.



TWIRLY21s (break for Easter 1st & 8th April, NO dance)

This is our youngest dance group for children aged 5 to around 12 years of age.

As children leave our early development groups, aged around 5 to 6, parents can often feel the loss of their regular contact and the opportunity to share experiences and offer mutual support. The class meets weekly and while the children are dancing parents can regain this opportunity over a cup of tea/coffee.

Classes are delivered by Claire King who has a wealth of experience of working with young children who have Down syndrome. She has been delivering sessions for us since 2010.

Classes run weekly on a Saturday at Footsteps Theatre School, Idle, BD10 8PY, 2.30 to 3.30pm.

Dancers are asked to pay £2 on entry to practice their money skills.

DANCE21 (break for Easter 6th & 13th April, NO dance)

Our older dance group is for young people aged 12+.

Classes are delivered by Claire King, alongside Kim Booth, one of our most experienced dance21 members.

The sessions run weekly on a Thursday evening 6 to 7pm at Footsteps Theatre School, Idle, BD10 8PY.

The group are working on a number of routines with the aim of performing at external events to promote awareness of Down syndrome and our charity. Dancers are asked to pay £3.50 on entry to practice their money skills.



NEW OUTFITS

We have funding for new outfits and are working with Claire and the dancers to decide on style and order soon.

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News and articles from elsewhere - support

DOWN'S SYNDROME ASSOCIATION MARCH NEWSLETTER



[Down's Syndrome Association | March Newsletter \(mailchi.mp\)](#)

TRAINING: Down's syndrome with complex needs. Online meeting Tuesday 18 April, 10.30am – 12pm. Free.

[Parent/Carer Meeting - Downs Syndrome Association \(downs-syndrome.org.uk\)](#)

FAMILY FUN DAY AT NELL BANK

Friday 14th April, 11:00–15:00

Specialist Inclusion Project and Nell Bank



Charitable

Trust are running a Family Fun Day for Bradford families to have fun in nature.

Booking essential please call Tracey McPhee 07929 747390 tracey.mcphee@bradford.gov.uk



Disabled Living - Solutions for safer and independent living

Disabled Living is a charity, offering free, impartial

information about services for disabled individuals and those that support them. This includes: bladder and bowel problems free helpline, providing sensory rooms, free exhibitions across the UK, equipment solutions and training.



EASTER HOLIDAY CLUB WITH MOOR TIME

From Monday 3rd to Friday 14th April Moor Time, Ilkley are running an Easter

Holiday Club at Ben Rhydding Scout & Guide HQ, LS29 8ET. Family stay & play for under 8s, primary age sessions (8+) and secondary school age trips. Onsite nurse, specialist sessions for children with more complex needs/medical needs. For more details visit www.moortime.org.uk/easterbookings



Preparation For Adulthood (PFA) Zoom meetings

SNOOP are running a number of Zoom meetings for parent/carers who have a child or young person in year 9 or above.

Weds 19 April, 7.30pm, Claire Reeves and Jack Skinner from Bradford MDC social care team will be doing a session on Learning disability assessments, direct payments and adult social care.

Weds 10 May, 7.15pm, Vicky Donolly from Waddiloves, a locally commissioned services for people with learning disabilities will be running a session about annual health checks and social prescribing.

Weds 14 June, 7.15pm, Lucy Smith from Shipley College will be running a session about transitioning to college and college life. For more information or to book on any of the sessions please contact Sophie by email: Sophie.Turnball@snoopcharity.org

Please also remember the Preparing for Adulthood, PFA Prospectus is now live on the Local Offer website, [Employment & training for young people with SEND in Bradford](#)

TRAVEL TRAINING VACANCY

The council's Road Safety Team is looking for a motivated and enthusiastic person to join their team to deliver road safety education and training to children and young people in schools across Bradford. Click the link for more information <https://bradford.engageats.co.uk/Vacancies/W/4780/0/380526/15138/road-safety-trainer-498842>

PARTY PEOPLE PROJECT



An exciting and unique opportunity for 10 adults with learning disabilities and autism to host 'Surfers Paradise - A beach themed party' at Kirkgate Centre Shipley Centre on Friday 7th April 2023 7pm - Midnight. The Party People Project believes in parties for everyone. For this party you will be the hosts and DJs! To be a part of the team, you must be free to join in with workshops at 10am-3pm on the following dates: Tues 4th April, Wed 5th April, Thurs 6th April, Fri 7th April. The workshops will help you develop your event planning and management skills, DJ skills, dance skills and art making skills. The party will be open to the public for anyone over the age of 18 to attend. Please invite your friends and family! Taking part is free but booking is essential. Please contact jamesheselwood@gmail.com to book a place.

IPSEA

Training courses for parents and professionals in SEN law, EHCP and much more...

[Upcoming training events for parents and carers](#)

[| \(IPSEA\) Independent Provider of Special Education Advice](#)

EHC plans made easy (lunchtime series) throughout April. Training sessions specifically for parents, carers and supporting family members of children with special educational needs and disabilities. These sessions have been developed to guide families through the process of obtaining an EHC plan. [EHC Plans Made Easy - Lunchtime Series | \(IPSEA\) Independent Provider of Special Education Advice](#)



CARERS' RESOURCE CHOICES NEWSLETTER

[CR-Choices-Newsletter-Issue-122-FINAL.pdf \(carersresource.org\)](#)

The newsletter includes a wonderful list of support group sessions that may be of interest, gardening, walking, crafts, coffee mornings, etc

A fun and relaxed triathlon event for participants with a disability

The Yorkshire Ability Triathlon will take place in Sunday 21st May at Leeds Beckitt. The event is a relaxed event based around swimming, cycling and running for children and young people (under 17s) with disabilities – with alternative activities available for those unable to take part in any of the three disciplines. There's no specific distance or time, the goal is to have fun and go as far or as fast as you would like to. Team GB Olympic medalists Alistair and Johnny Brownlee will be awarding the medals!

VISIT: <https://www.marauder.co.uk/event/yorkshire-ability-triathlon/>

Sleep Seminars via Zoom with Cerebra

Understanding and supporting children's sleep for parents and carers of children with brain conditions aims:

- To build on your knowledge and understanding of sleep and what impacts/improves it
- To increase your skills when addressing issues of settling, night waking, early rising and sleeping alone
- To improve your confidence to apply information gained to your own situation

Upcoming Seminars: Thursday 27th April, Tuesday 27th June, Thursday 30th June, 10am to 12.30pm

Visit: <https://cerebra.org.uk/get-advice-support/sleep-advice-service/>

LEARNING HOLIDAY, KEIGHLEY PEOPLE FIRST

19th to 23rd June and 25th to 29th Sept.

Based at Beamsley, near Skipton this is a 5 day holiday aimed at gaining an understanding of how to lead a healthier lifestyle - it includes cooking, exercise and how to take care of your body. Facilitated by trained and experienced staff. Contact 01535 607222 for more details.



fundraising news

A BIG THANK YOU TO EVERYONE WHO RAISED AND DONATED FUNDS DURING MARCH

Total raised March £2076.61, total to date 2023, £8858.77.
Monthly target £5800, yearly target £70 000.

Gerry Hughes, collection tin, £18.83
In memory of Shirley Pedley, £213.30 (Harpins Funeral Service)
In Trim, Hairdressers, collection tin, £70.20
Facebook donate button, £70.93
CAF Bank, £23.52
George Webster, £500
Elena Keyamy, collection tin, £40.85
S Kauser, £20
Asda collection, £57.50
Adele Robinson, birthday fundraiser, Facebook, £120
Zoe Lee, birthday fundraiser, Facebook, £10

WORLD DOWN SYNDROME DAY FUNDRAISERS

St Cuthbert & First Martyrs Primary School, £140.45 from a crazy hair day.
Burley Oaks Primary School, £281.50 odd socks day
Rebecca Lodge, £176.94, odd socks day
Diane Woolley Suddards, £77.59 collection
Beckfoot School, £18
Leah Edwards, £50
Rachael Dennis, £5
Open day, £102

REGULAR MONTHLY DONORS

John Cain, £25
G Sweaney, £5
Peter Todd, £25
Mrs P Fletcher, £15
G Martill, £10

DONATION OF GOODS

Victoria Khan, gift wrap paper
Tegan Bowis, clothes & Pedro boots
Alison Bailey & Liz MaLean - raffle and tombola prizes

Total raised in
2023
£8858.77

OUR OPEN DAY

We had a wonderful open day on 22nd March to mark world Down syndrome day and raised £102. The centre was visited by many parents and family friends and our staff enjoyed sharing tea/coffee and a cake and some good conversations. It is not often we have time to socialise and it made a very welcome change to our usual demanding days at the centre.



SELL ON EBAY AND DONATE DIRECT TO OUR CHARITY

Did you know you can sell items on eBay and set the proceeds to go directly raise funds for us at a percentage chosen by you.

[Down syndrome training & support service Ltd | eBay for Charity](#)

If you would like to contribute items but don't have time for eBay personally we can take ownership of sellable items and donations can be dropped at the centre. Thank you

COLLECTING AT ASDA KEIGHLEY

On Friday 24th March Stephen and Ruth spent some time in Asda Keighley raising awareness and collecting funds. £57.50 was raised. Well done Stephen.

REQUEST A COLLECTING TIN

We have lots of collecting tins available at the centre. We would love your help in finding places willing to take one;

maybe a local shop or your place of work? If you are interested please contact us, thank you, Harry



We are now registered to raise funds through JustGiving. Follow the link below to the fundraising page on our website [Fundraising | Down Syndrome Training and Support Service Ltd \(downsyndromebradford.com\)](#) or click on the logo to donate direct. Thank you

SHOP AT YOUR LOCAL COOP Local Community Fund

Co-op Members can select our charity using the link below. Sign up or log-in to be one click away from supporting our charity.

<https://membership.coop.co.uk/causes/69175>

For every £1 members spend on selected Co-op branded products and services, 1p will go directly to your chosen cause. Joining Co-op membership costs £1.



KEEP UP TO DATE WITH EVENTS ON SOCIAL MEDIA

PUBLIC FACEBOOK PAGE <https://www.facebook.com/DownsyndromeTSS/>
For more general and formal information.

CLOSED FACEBOOK GROUP Our closed Facebook group provides information on day to day activities <https://www.facebook.com/groups/DSTSS/>

TWITTER <https://twitter.com/DownsyndromeTSS>

INSTAGRAM <https://www.instagram.com/downsyndrometss/>

CONTACT Wendy Uttley or Heidi Shepherd

Website: www.downsyndromebradford.com

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