

TRAINING

SEPTEMBER TO DECEMBER 2024

At The Pamela Sunter Centre, Bradford.

Courses delivered by Dr Wendy Uttley, Laura Hempel and Mel Dekker in the specific learning needs of children and young people with Down syndrome

- *Introduction to Down syndrome - early years and primary school - FREE (18th Sept)*
- *Introduction to Down syndrome—secondary school and beyond - FREE (25th Sept)*
- *Sleep workshop over 3 weeks - (9th, 16th, 23rd Oct)*
- *Signing and children with Down syndrome - (6th & 13th Nov)*
- *ME, my body, my friends, my life - 2 week workshop (20th & 27th Nov)*

LAST ACADEMIC YEAR

A total of 73 sessions benefitting 1,223 people were delivered. 134 pre-recorded courses were downloaded from our site.

FEEDBACK:

- 53% of attendees were new to working with a child with Down syndrome
- 96% felt their understanding of Down syndrome had increased
- 92% felt more confident in working with a child with Down syndrome
- 95% felt they could act on the ideas and strategies covered by the course
- 96% felt they could improve their practice
- 93% said they understood inclusion more
- 95% said they felt empowered and inspired

TRAINING IS VITAL

It has been decided that any training we feel is vital to the inclusion and education of a child/young person with Down syndrome should be offered at our centre, for FREE. We appreciate schools are really struggling to release staff and we hope this will go some way to help.



**Down Syndrome
Training & Support
Service Ltd**

The Pamela Sunter Centre
2 Whitley Street, Bingley, BD16 4JH
Telephone 01274 561308
office@downsyndromebradford.co.uk
www.downsyndromebradford.com

Registered Charity No.1130994
Company Number 6915555

Introduction to Down syndrome - early years and primary school, FREE

Wednesday 18th Sept, 9.30am to 12.30pm with Laura Hempel

This session will introduce Down syndrome to people who have little experience of working with children and young people who have Down syndrome. It will cover society's view of Down syndrome, health implications, inclusion, the specific learning profile of people with Down syndrome and strengths and weaknesses in the classroom; outlining ways to ensure your teaching meets their learning needs.

Promoting positive behaviour and managing behaviours will also be discussed. Vital training for all involved in the education, inclusion and development of a person with Down syndrome.

COST: FREE

Refreshments provided.

Introduction to Down syndrome

- ◆ *Amazing course learnt a lot and feel more confident about working with my pupil in September*
- ◆ *Brilliant useful course, learnt quite a bit and was an eye opener. Looking forward to implementing what I learnt into my role at work*
- ◆ *Very interesting and informative, knowledgeable ladies delivering the course.*
- ◆ *Outstanding course delivered and presented perfectly*
- ◆ *An excellent session run by Wendy which gave some really interesting explanations. I would highly recommend the session run by Wendy because she was brilliant*
- ◆ *Thank you it was great to attend from a health perspective and understand the training provided to education staff. Wendy is fantastic and the training session went so quickly as she is so animated and easy to listen to*
- ◆ *The training was very informative and I really enjoyed the delivery, was very relaxed with plenty of opportunities to ask and share thoughts*

Introduction to Down syndrome - secondary school and college, FREE

Wednesday 25th Sept, 9.30am to 12.30pm with Wendy Uttley

This session will introduce Down syndrome to people who have little experience of working with children and young people who have Down syndrome. It will cover society's view of Down syndrome, health implications, inclusion, the specific learning profile of people with Down syndrome and strengths and weaknesses in the classroom; outlining ways to ensure your teaching meets their learning needs.

Promoting positive behaviour and managing behaviours will also be discussed. Vital training for all involved in the education, inclusion and development of a person with Down syndrome.

COST: FREE

Refreshments provided.

Improve your child's sleep face to face or online WORKSHOP

This workshop is over 3 weeks, Wednesdays, 9th, 16th, 23rd October, 10am to 12pm

The workshop will start by discussing sleep and the difficulties that can be experienced with settling and sleeping through the night.

It will then offer the opportunity to share experiences and aim to set action plans to help improve the bedtime routine, settling, staying in your own bed, and sleeping through the night.

The course is 2 hours a week for 3 weeks and limited to 7 families.

COST: £30 per team around a child.

- My child is now sleeping in his own bed! Getting more sleep - the whole family has benefitted

Signing and children with Down syndrome

This course is over 2 weeks.

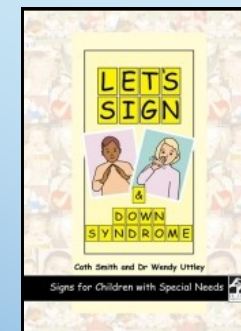
6th and 13th November, 9.30 to 11.30am

Session 1 will cover why we use signing with children with Down syndrome and the signs for manners, animals, food, family and other people, and the alphabet.

Session 2 will cover signs for the home, school day, colours, descriptions, time/days, questions and connective/link words. Followed by a discussion on how behaviour can be addressed through introducing signing.

Both sessions will include practice of useful phrases and familiar children's songs. A book "Signing and Down syndrome", covering the signs in this course is available for £7.

- **COST: FREE, refreshments provided**



- A very useful course. Was good to be able to practice the signs straight away.
- Impressed with how much I have learnt over the two sessions.

School assemblies on demand, (1/2 hour)

Introduction to Down syndrome for primary schools.

Introduction to Down syndrome for secondary schools.

Both sessions cover what Down syndrome is and what it means to have Down syndrome with time for questions and answers. Please ring the office to book. Payment by voluntary donation to the charity.

Consultations, observations and assessments

Are available at an hourly rate of £60, either online, in school or at our centre. Please visit [Consultations | Down Syndrome T&SS \(downsyndromebradford.com\)](#) to book or for details.

REPORTS FOLLOWING ASSESSMENTS OR OBSERVATIONS £120

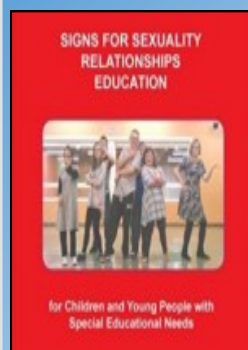
ME, my body, my friends, my life

How to teach children & young people with Down syndrome about their bodies, keeping safe, privacy, social boundaries and self help skills.

This course is over two Wednesdays: 20th & 27th November, 9.30am to 3.30pm

The course will cover:

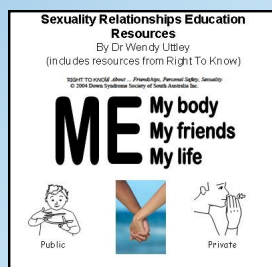
- How important such training is for young people with learning disabilities. Names for body parts.
- Privacy. Public and private body parts, actions, places, touch and conversations
- Puberty for girls, puberty for boys,
- Feelings, personal hygiene, self help skills.
- Touching, hugging, affection, friendships, appropriate greetings
- Safety in the community. Assertiveness. Abuse prevention strategies. How do we become our own protector?



The signs for this topic are also covered and available in a book — SRE and Down syndrome cost £6. A memory stick/digital download of resources & activities is available to buy at a cost of £10.

COST: £60 per professional (£20 for a second professional from the same school)/ family members, £30.

Refreshments provided but please bring own lunch.



PRE RECORDED TRAINING AVAILABLE TO DOWNLOAD FROM OUR WEBSITE

[Training videos & resources | Down Syndrome T&SS](http://downsyndromebradford.com)
 [\(downsyndromebradford.com\)](http://downsyndromebradford.com)

Introduction to Down syndrome	2 hours	£5
Teaching basic number skills to children with Down syndrome using the Numicon approach - the challenges	1 hour	£5
Teaching basic number skills to children with Down syndrome using the Numicon approach - activities and ideas	1 hour	£5
Teaching basic number skills, beyond 10,	1 hour	£5
Can I catch the bus? Time and money skills	1 hour	£5
Signing and Down syndrome - 3 downloads	3 hours	£15
Reading Language Intervention - 5 downloads	5 hours	£25
Let's make it visual - using visual resources to develop the language skills communication and literacy skills of children with Down syndrome—2 downloads	2 hours	£10
Expectations and behaviour - 4 downloads	4 hours	£20
Health and Maternity - improving practice, raising expectations - 5 short downloads	2 hours	FREE

ME: MY BODY, MY FRIENDS, MY LIFE

- Lots of information given in well timed and good paced sessions. Well organised and great resources
- I have enjoyed learning how best to teach a child how to stay safe and about puberty
- Enjoyed the openness of the course
- It was good to have parents and professionals on the course. It was really good to hear the parents point of view and highlighted the needs for parental training in SRE in school

INSET TRAINING ALSO AVAILABLE ON ALL OF THESE COURSES
PLEASE CONTACT THE OFFICE

OTHER WORKSHOPS AVAILABLE

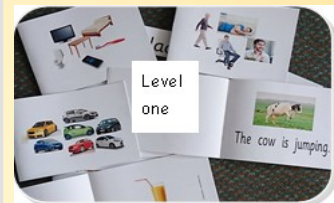
- Toilet training over 3 weeks
- Down syndrome & autistic spectrum condition workshop
- Six week behaviour workshop

RESOURCES AVAILABLE TO ORDER OR DOWNLOAD FROM OUR WEBSITE

EARLY READING BOOKS LINKED TO RLI PROGRAMME

Two sets of 10 books are available to buy in print or download. The books have large clear print and images on a clear white background. Each page has a repetitive sentence as the vocabulary builds and is revisited throughout the set. The first set of 10 books is written at level 1 of the Hatcher Grading scheme and the second set at level 2.

Cost: hard copy, £20 plus postage for each set of 10 books.



Electronic copy, £10 for each set.

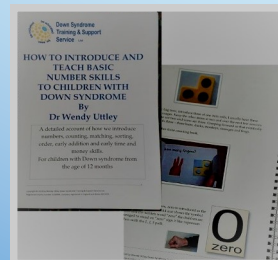
The books are simply excellent - perfect for my child in school.



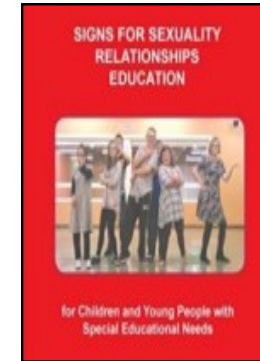
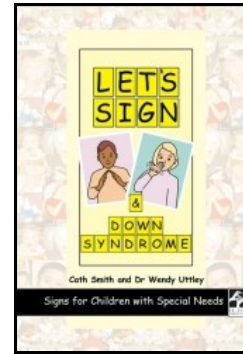
TEACHING BASIC NUMBER SKILLS TO CHILDREN WITH DOWN SYNDROME

by Dr Wendy Uttley

The book brings together the number interventions developed by Wendy Uttley and is used in our early development groups throughout our five year programme. It is a detailed account of how we introduce numbers, counting, matching, sorting, early addition and early time and money skills from the age of 12 months to 6 years and above.



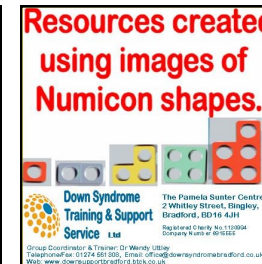
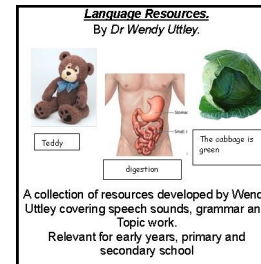
COST £5 plus postage.



SIGNING BOOKS

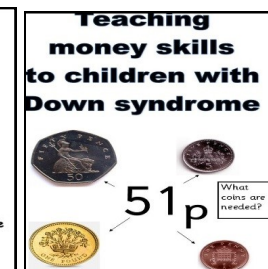
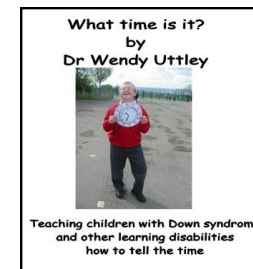
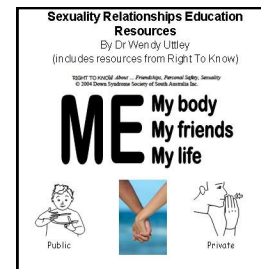
Let's Sign & Down syndrome includes over 300 signs to accompany our signing course, £7.

Signs for SRE. This supports our ME, my body, my friends, my life workshop, £6.



DIGITAL DOWNLOAD/MEMORY STICK £10

Resources and activities to support several of our training courses. Both the time and money resource includes a programme of delivery.



[Training videos & resources | Down Syndrome T&SS](#)